US HARBORS www.USHarbors.com

Highlands, NJ - Oct 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:45	4.3	7:00	4.6	12:32	0.6	12:51	0.7	6:52	6:38	
2	Fri	7:24	4.6	7:39	4.7	1:11	0.4	1:34	0.6	6:53	6:36	
3	Sat	7:59	4.8	8:16	4.7	1:49	0.3	2:17	0.4	6:54	6:34	
4	Sun	8:32	5.0	8:53	4.6	2:27	0.2	3:00	0.3	6:55	6:33	
5	Mon	9:06	5.1	9:30	4.5	3:05	0.2	3:43	0.2	6:56	6:31	
6	Tue	9:42	5.2	10:11	4.4	3:43	0.2	4:25	0.3	6:57	6:30	
7	Wed	10:23	5.1	10:58	4.2	4:21	0.3	5:08	0.3	6:58	6:28	
8	Thu	11:11	5.0	11:55	4.0	5:01	0.4	5:56	0.5	6:59	6:26	
9	Fri			12:10	4.9	5:46	0.5	6:52	0.7	7:00	6:25	
10	Sat	12:59	4.0	1:16	4.8	6:43	0.7	8:01	0.8	7:01	6:23	
11	Sun	2:04	4.0	2:22	4.7	7:57	0.9	9:13	0.7	7:02	6:22	
12	Mon	3:08	4.1	3:26	4.7	9:18	0.8	10:18	0.5	7:03	6:20	
13	Tue	4:12	4.3	4:31	4.7	10:29	0.6	11:14	0.2	7:05	6:19	
14	Wed	5:15	4.6	5:35	4.8	11:31	0.4			7:06	6:17	
15	Thu	6:13	5.0	6:32	4.9	12:05	0.0	12:26	0.1	7:07	6:16	
16	Fri	7:05	5.3	7:22	5.0	12:52	-0.2	1:18	-0.1	7:08	6:14	
17	Sat	7:51	5.5	8:09	4.9	1:38	-0.2	2:08	-0.1	7:09	6:13	
18	Sun	8:34	5.6	8:53	4.8	2:23	-0.2	2:56	-0.2	7:10	6:11	
19	Mon	9:17	5.5	9:38	4.6	3:06	-0.1	3:43	-0.1	7:11	6:10	
20	Tue	9:59	5.3	10:23	4.3	3:49	0.1	4:26	0.1	7:12	6:08	
21	Wed	10:43	5.0	11:10	4.1	4:29	0.4	5:08	0.3	7:13	6:07	
22	Thu	11:29	4.7			5:08	0.7	5:51	0.6	7:14	6:05	
23	Fri	12:02	3.8	12:19	4.4	5:47	0.9	6:37	0.8	7:15	6:04	
24	Sat	12:56	3.7	1:12	4.2	6:32	1.2	7:29	1.0	7:17	6:03	
25	Sun	1:50	3.6	2:04	4.1	7:29	1.4	8:29	1.1	7:18	6:01	
26	Mon	2:42	3.6	2:55	4.0	8:39	1.5	9:29	1.1	7:19	6:00	
27	Tue	3:33	3.7	3:46	4.0	9:46	1.4	10:21	0.9	7:20	5:59	
28	Wed	4:25	3.8	4:40	4.0	10:44	1.2	11:07	0.7	7:21	5:57	
29	Thu	5:16	4.1	5:33	4.1	11:34	1.0	11:49	0.5	7:22	5:56	
30	Fri	6:04	4.3	6:22	4.2			12:20	0.7	7:23	5:55	
31	Sat	6:45	4.7	7:06	4.3	12:29	0.4	1:05	0.4	7:24	5:54	