

































## Highlands, NJ - Mar 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:14	5.1	8:44	5.1	2:10	-1.1	2:39	-1.2	6:29	5:47	
2	Tue	9:03	4.9	9:33	5.1	3:01	-1.1	3:24	-1.1	6:27	5:48	
3	Wed	9:52	4.6	10:23	4.9	3:49	-0.9	4:08	-0.9	6:26	5:49	
4	Thu	10:44	4.2	11:14	4.6	4:37	-0.6	4:51	-0.5	6:24	5:50	
5	Fri	11:38	3.9			5:26	-0.3	5:37	-0.1	6:23	5:51	
6	Sat	12:07	4.3	12:33	3.6	6:21	0.1	6:30	0.3	6:21	5:52	
7	Sun	1:01	4.1	1:28	3.3	7:24	0.4	7:34	0.6	6:19	5:53	
8	Mon	1:54	3.8	2:24	3.2	8:31	0.6	8:41	0.8	6:18	5:54	
9	Tue	2:50	3.7	3:23	3.2	9:32	0.6	9:43	0.7	6:16	5:56	
10	Wed	3:51	3.7	4:25	3.3	10:26	0.5	10:37	0.6	6:15	5:57	
11	Thu	4:50	3.8	5:20	3.5	11:12	0.3	11:25	0.4	6:13	5:58	
12	Fri	5:40	3.9	6:06	3.7	11:54	0.1			6:11	5:59	
13	Sat	6:24	4.1	6:46	4.0	12:09	0.2	12:34	0.0	6:10	6:00	
14	Sun	8:02	4.2	8:22	4.2	12:52	0.1	2:12	-0.1	7:08	7:01	
15	Mon	8:38	4.2	8:55	4.3	2:34	0.0	2:50	-0.2	7:07	7:02	
16	Tue	9:13	4.2	9:26	4.4	3:15	-0.1	3:25	-0.2	7:05	7:03	
17	Wed	9:47	4.1	9:57	4.4	3:53	-0.1	3:59	-0.2	7:03	7:04	
18	Thu	10:21	3.9	10:28	4.4	4:29	-0.1	4:30	-0.1	7:02	7:05	
19	Fri	10:58	3.8	11:04	4.4	5:06	0.0	5:02	0.0	7:00	7:06	
20	Sat	11:41	3.6	11:50	4.3	5:43	0.1	5:36	0.1	6:58	7:07	
21	Sun			12:35	3.5	6:28	0.3	6:19	0.3	6:57	7:08	
22	Mon	12:46	4.3	1:35	3.4	7:27	0.4	7:18	0.4	6:55	7:09	
23	Tue	1:49	4.2	2:38	3.5	8:43	0.5	8:39	0.5	6:54	7:10	
24	Wed	2:55	4.2	3:44	3.6	9:56	0.4	10:01	0.4	6:52	7:11	
25	Thu	4:05	4.3	4:52	3.9	10:59	0.1	11:10	0.1	6:50	7:13	
26	Fri	5:15	4.4	5:57	4.3	11:55	-0.2			6:49	7:14	
27	Sat	6:19	4.6	6:55	4.8	12:10	-0.3	12:46	-0.5	6:47	7:15	
28	Sun	7:15	4.8	7:45	5.1	1:07	-0.5	1:36	-0.7	6:45	7:16	
29	Mon	8:05	4.9	8:33	5.3	2:01	-0.7	2:24	-0.8	6:44	7:17	
30	Tue	8:54	4.9	9:20	5.4	2:53	-0.8	3:12	-0.8	6:42	7:18	
31	Wed	9:41	4.7	10:06	5.3	3:43	-0.8	3:57	-0.7	6:40	7:19	