US HARBORS www.USHarbors.com

Highlands, NJ - May 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**10:57**	4.1	**11:13**	4.8	**4:55**	-0.2	**4:57**	0.3	5:54	7:51	
2	Sun	**11:49**	3.9			**5:38**	0.1	**5:39**	0.6	5:53	7:52	
3	Mon	**12:03**	4.5	**12:42**	3.8	**6:22**	0.3	**6:24**	0.9	5:52	7:53	
4	Tue	**12:54**	4.2	**1:35**	3.7	**7:10**	0.6	**7:17**	1.2	5:51	7:54	
5	Wed	**1:45**	4.0	**2:25**	3.7	**8:04**	0.8	**8:21**	1.3	5:49	7:55	
6	Thu	**2:35**	3.9	**3:13**	3.7	**9:01**	0.8	**9:27**	1.3	5:48	7:56	
7	Fri	**3:25**	3.8	**4:03**	3.8	**9:54**	0.8	**10:27**	1.2	5:47	7:57	
8	Sat	**4:17**	3.7	**4:54**	4.0	**10:43**	0.7	**11:19**	1.0	5:46	7:58	
9	Sun	**5:12**	3.8	**5:44**	4.2	**11:27**	0.6			5:45	7:59	
10	Mon	**6:05**	3.8	**6:29**	4.5	**12:07**	0.7	**12:09**	0.5	5:44	8:00	
11	Tue	**6:53**	4.0	**7:10**	4.7	**12:53**	0.5	**12:51**	0.4	5:43	8:01	
12	Wed	**7:36**	4.1	**7:47**	5.0	**1:38**	0.3	**1:32**	0.3	5:42	8:02	
13	Thu	**8:17**	4.1	**8:25**	5.1	**2:24**	0.1	**2:16**	0.2	5:41	8:03	
14	Fri	**8:59**	4.1	**9:04**	5.2	**3:09**	0.0	**3:00**	0.2	5:40	8:04	
15	Sat	**9:43**	4.1	**9:47**	5.2	**3:54**	-0.1	**3:45**	0.2	5:39	8:05	
16	Sun	**10:31**	4.1	**10:35**	5.1	**4:39**	-0.1	**4:30**	0.2	5:38	8:06	
17	Mon	**11:24**	4.1	**11:29**	5.0	**5:24**	-0.1	**5:18**	0.3	5:37	8:07	
18	Tue			**12:23**	4.1	**6:12**	0.0	**6:10**	0.4	5:36	8:08	
19	Wed	**12:29**	4.9	**1:22**	4.3	**7:05**	0.1	**7:12**	0.5	5:35	8:08	
20	Thu	**1:30**	4.7	**2:20**	4.4	**8:05**	0.2	**8:23**	0.6	5:35	8:09	
21	Fri	**2:29**	4.6	**3:16**	4.6	**9:07**	0.2	**9:35**	0.6	5:34	8:10	
22	Sat	**3:28**	4.4	**4:14**	4.8	**10:06**	0.1	**10:40**	0.4	5:33	8:11	
23	Sun	**4:29**	4.3	**5:13**	5.0	**11:01**	0.0	**11:39**	0.2	5:32	8:12	
24	Mon	**5:32**	4.3	**6:09**	5.2	**11:52**	0.0			5:32	8:13	
25	Tue	**6:31**	4.3	**7:01**	5.3	**12:34**	0.1	**12:41**	0.0	5:31	8:14	
26	Wed	**7:24**	4.3	**7:48**	5.4	**1:26**	-0.1	**1:30**	0.0	5:30	8:15	
27	Thu	**8:14**	4.3	**8:33**	5.3	**2:16**	-0.1	**2:18**	0.1	5:30	8:15	
28	Fri	**9:01**	4.3	**9:17**	5.2	**3:05**	-0.1	**3:06**	0.2	5:29	8:16	
29	Sat	**9:47**	4.2	**10:01**	5.0	**3:50**	-0.1	**3:51**	0.4	5:29	8:17	
30	Sun	**10:34**	4.1	**10:46**	4.8	**4:33**	0.0	**4:33**	0.6	5:28	8:18	
31	Mon	**11:23**	4.0	**11:32**	4.5	**5:13**	0.2	**5:14**	0.8	5:28	8:19	