US HARBORS www.USHarbors.com

Highlands, NJ - Mar 2011

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	5:32	4.1	5:59	3.7	11:51	-0.1			6:29	5:46	
2	Wed	6:19	4.2	6:42	3.9	12:04	0.0	12:33	-0.2	6:28	5:48	
3	Thu	7:00	4.3	7:21	4.1	12:48	-0.1	1:13	-0.3	6:26	5:49	
4	Fri	7:38	4.3	7:58	4.2	1:31	-0.2	1:51	-0.3	6:24	5:50	
5	Sat	8:15	4.2	8:32	4.2	2:12	-0.2	2:27	-0.3	6:23	5:51	
6	Sun	8:50	4.1	9:06	4.2	2:50	-0.2	3:01	-0.3	6:21	5:52	
7	Mon	9:25	3.9	9:37	4.1	3:26	-0.1	3:33	-0.1	6:20	5:53	
8	Tue	10:00	3.7	10:09	4.0	4:01	0.0	4:03	0.0	6:18	5:54	
9	Wed	10:37	3.5	10:43	4.0	4:35	0.2	4:32	0.2	6:17	5:55	
10	Thu	11:19	3.4	11:24	3.9	5:11	0.4	5:04	0.3	6:15	5:56	
11	Fri			12:08	3.2	5:54	0.6	5:44	0.5	6:13	5:57	
12	Sat	12:15	3.9	1:02	3.2	6:57	0.7	6:44	0.6	6:12	5:59	
13	Sun	1:12	3.9	3:01	3.2	9:14	0.7	9:06	0.6	7:10	7:00	
14	Mon	3:15	4.0	4:06	3.4	10:23	0.5	10:23	0.4	7:09	7:01	
15	Tue	4:25	4.1	5:14	3.7	11:22	0.2	11:28	0.1	7:07	7:02	
16	Wed	5:34	4.3	6:16	4.1			12:14	-0.2	7:05	7:03	
17	Thu	6:36	4.6	7:10	4.6	12:26	-0.3	1:04	-0.5	7:04	7:04	
18	Fri	7:29	4.9	8:00	5.0	1:21	-0.6	1:54	-0.8	7:02	7:05	
19	Sat	8:19	5.0	8:48	5.3	2:16	-0.9	2:42	-1.0	7:00	7:06	
20	Sun	9:09	5.0	9:37	5.4	3:09	-1.1	3:30	-1.1	6:59	7:07	
21	Mon	9:59	4.9	10:27	5.4	4:00	-1.1	4:17	-1.0	6:57	7:08	
22	Tue	10:51	4.6	11:19	5.2	4:50	-0.9	5:04	-0.7	6:56	7:09	
23	Wed	11:47	4.3			5:40	-0.7	5:51	-0.4	6:54	7:10	
24	Thu	12:15	4.9	12:45	4.0	6:33	-0.3	6:44	0.0	6:52	7:11	
25	Fri	1:12	4.6	1:44	3.8	7:32	0.1	7:45	0.4	6:51	7:12	
26	Sat	2:09	4.3	2:42	3.6	8:38	0.3	8:54	0.6	6:49	7:13	
27	Sun	3:06	4.1	3:40	3.6	9:44	0.4	10:02	0.7	6:47	7:14	
28	Mon	4:05	3.9	4:40	3.6	10:43	0.4	11:02	0.6	6:46	7:15	
29	Tue	5:05	3.9	5:39	3.7	11:33	0.3	11:53	0.5	6:44	7:16	
30	Wed	6:01	3.9	6:30	3.9			12:17	0.2	6:42	7:17	
31	Thu	6:49	4.1	7:13	4.2	12:40	0.3	12:58	0.1	6:41	7:18	