US HARBORS www.USHarbors.com

Highlands, NJ - Jul 2013

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:11	4.2	3:46	4.6	9:30	0.4	10:21	0.8	5:29	8:30	
2	Tue	4:04	4.0	4:38	4.6	10:22	0.5	11:16	0.7	5:30	8:29	
3	Wed	5:01	3.8	5:31	4.6	11:11	0.6			5:30	8:29	
4	Thu	5:57	3.8	6:21	4.7	12:05	0.6	11:57 AM	0.6	5:31	8:29	
5	Fri	6:48	3.9	7:06	4.7	12:51	0.5	12:42	0.6	5:31	8:29	
6	Sat	7:35	4.0	7:48	4.8	1:35	0.4	1:26	0.6	5:32	8:28	
7	Sun	8:18	4.1	8:26	4.9	2:18	0.3	2:10	0.5	5:33	8:28	
8	Mon	8:59	4.1	9:03	4.8	3:01	0.2	2:54	0.5	5:33	8:28	
9	Tue	9:39	4.1	9:38	4.8	3:40	0.2	3:36	0.5	5:34	8:27	
10	Wed	10:18	4.1	10:12	4.7	4:18	0.2	4:15	0.6	5:35	8:27	
11	Thu	10:57	4.1	10:47	4.5	4:52	0.2	4:53	0.7	5:35	8:27	
12	Fri	11:37	4.1	11:25	4.4	5:25	0.3	5:30	0.7	5:36	8:26	
13	Sat			12:19	4.2	5:58	0.4	6:11	0.8	5:37	8:26	
14	Sun	12:10	4.3	1:04	4.3	6:34	0.4	7:00	0.9	5:38	8:25	
15	Mon	1:01	4.2	1:52	4.5	7:18	0.5	8:04	0.9	5:38	8:25	
16	Tue	1:57	4.1	2:44	4.7	8:15	0.5	9:17	0.8	5:39	8:24	
17	Wed	2:55	4.0	3:40	4.8	9:22	0.5	10:25	0.6	5:40	8:23	
18	Thu	4:00	4.0	4:44	5.0	10:29	0.3	11:28	0.3	5:41	8:23	
19	Fri	5:11	4.1	5:49	5.3	11:31	0.2			5:42	8:22	
20	Sat	6:19	4.3	6:50	5.6	12:26	0.0	12:30	0.0	5:42	8:21	
21	Sun	7:19	4.6	7:45	5.7	1:21	-0.3	1:28	-0.2	5:43	8:20	
22	Mon	8:15	4.9	8:37	5.8	2:16	-0.5	2:26	-0.3	5:44	8:20	
23	Tue	9:08	5.0	9:29	5.8	3:08	-0.7	3:21	-0.4	5:45	8:19	
24	Wed	10:01	5.1	10:20	5.6	3:58	-0.8	4:14	-0.3	5:46	8:18	
25	Thu	10:54	5.1	11:13	5.3	4:45	-0.7	5:04	-0.2	5:47	8:17	
26	Fri	11:48	5.0			5:31	-0.5	5:54	0.1	5:48	8:16	
27	Sat	12:06	4.9	12:41	4.9	6:16	-0.2	6:47	0.4	5:49	8:15	
28	Sun	12:59	4.6	1:33	4.7	7:03	0.1	7:44	0.7	5:50	8:14	
29	Mon	1:50	4.3	2:22	4.6	7:54	0.4	8:46	0.9	5:50	8:13	
30	Tue	2:41	4.0	3:10	4.5	8:49	0.7	9:47	1.0	5:51	8:12	
31	Wed	3:32	3.8	4:01	4.4	9:44	0.8	10:44	0.9	5:52	8:11	