

































## Highlands, NJ - Jan 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:13	4.3	4:33	3.6	10:39	0.1	10:50	-0.2	7:18	4:40	
2	Wed	5:08	4.4	5:29	3.6	11:30	-0.1	11:36	-0.1	7:18	4:40	
3	Thu	5:57	4.5	6:18	3.7			12:18	-0.2	7:19	4:41	
4	Fri	6:41	4.6	7:03	3.7	12:21	-0.1	1:04	-0.2	7:19	4:42	
5	Sat	7:22	4.6	7:45	3.7	1:05	-0.1	1:48	-0.3	7:19	4:43	
6	Sun	8:01	4.5	8:26	3.7	1:48	-0.1	2:29	-0.3	7:18	4:44	
7	Mon	8:40	4.4	9:06	3.6	2:29	0.0	3:08	-0.3	7:18	4:45	
8	Tue	9:18	4.3	9:47	3.5	3:09	0.1	3:45	-0.2	7:18	4:46	
9	Wed	9:57	4.1	10:29	3.4	3:46	0.2	4:20	-0.1	7:18	4:47	
10	Thu	10:36	3.9	11:12	3.4	4:22	0.3	4:55	0.0	7:18	4:48	
11	Fri	11:17	3.7	11:55	3.4	4:58	0.5	5:31	0.1	7:18	4:49	
12	Sat			12:01	3.6	5:40	0.7	6:11	0.2	7:17	4:50	
13	Sun	12:38	3.4	12:48	3.5	6:34	0.8	7:00	0.3	7:17	4:51	
14	Mon	1:23	3.5	1:37	3.4	7:44	0.8	7:58	0.3	7:17	4:52	
15	Tue	2:10	3.7	2:33	3.3	8:55	0.6	8:58	0.2	7:16	4:53	
16	Wed	3:05	3.9	3:37	3.3	9:58	0.4	9:56	0.0	7:16	4:54	
17	Thu	4:07	4.2	4:43	3.5	10:56	0.0	10:52	-0.2	7:15	4:56	
18	Fri	5:08	4.5	5:44	3.7	11:50	-0.3	11:46	-0.5	7:15	4:57	
19	Sat	6:04	4.9	6:38	4.0			12:43	-0.6	7:14	4:58	
20	Sun	6:57	5.1	7:30	4.2	12:41	-0.7	1:36	-0.9	7:14	4:59	
21	Mon	7:48	5.3	8:22	4.4	1:36	-0.9	2:27	-1.1	7:13	5:00	
22	Tue	8:39	5.3	9:15	4.5	2:30	-1.0	3:17	-1.2	7:13	5:01	
23	Wed	9:31	5.1	10:10	4.5	3:22	-1.0	4:04	-1.2	7:12	5:02	
24	Thu	10:26	4.9	11:06	4.4	4:14	-0.9	4:52	-1.0	7:11	5:04	
25	Fri	11:22	4.6			5:06	-0.6	5:42	-0.8	7:11	5:05	
26	Sat	12:03	4.4	12:18	4.3	6:03	-0.3	6:36	-0.5	7:10	5:06	
27	Sun	12:58	4.3	1:13	3.9	7:06	0.0	7:34	-0.2	7:09	5:07	
28	Mon	1:51	4.2	2:07	3.6	8:13	0.2	8:34	0.0	7:08	5:08	
29	Tue	2:45	4.1	3:05	3.4	9:18	0.2	9:31	0.1	7:07	5:10	
30	Wed	3:42	4.0	4:06	3.3	10:16	0.2	10:24	0.1	7:06	5:11	
31	Thu	4:40	4.0	5:06	3.3	11:08	0.1	11:13	0.1	7:06	5:12	