

































Highlands, NJ - Jan 2020

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:13	3.4	12:22	3.7	5:56	0.7	6:30	0.3	7:18	4:39	
2	Thu	1:00	3.4	1:08	3.5	6:54	0.9	7:20	0.4	7:18	4:40	
3	Fri	1:45	3.5	1:55	3.3	7:59	0.9	8:14	0.4	7:19	4:41	
4	Sat	2:30	3.5	2:45	3.3	9:02	0.8	9:06	0.4	7:19	4:42	
5	Sun	3:19	3.7	3:41	3.2	9:58	0.6	9:56	0.3	7:19	4:43	
6	Mon	4:11	3.9	4:39	3.3	10:50	0.4	10:43	0.2	7:19	4:44	
7	Tue	5:03	4.1	5:33	3.4	11:38	0.1	11:30	0.0	7:18	4:45	
8	Wed	5:50	4.4	6:22	3.6			12:26	-0.1	7:18	4:46	
9	Thu	6:35	4.7	7:07	3.8	12:17	-0.2	1:14	-0.4	7:18	4:47	
10	Fri	7:18	4.9	7:52	3.9	1:06	-0.3	2:02	-0.6	7:18	4:48	
11	Sat	8:03	5.0	8:39	4.0	1:55	-0.5	2:49	-0.8	7:18	4:49	
12	Sun	8:50	5.0	9:29	4.1	2:45	-0.6	3:34	-0.8	7:17	4:50	
13	Mon	9:40	4.9	10:22	4.1	3:33	-0.6	4:19	-0.8	7:17	4:51	
14	Tue	10:34	4.7	11:18	4.2	4:22	-0.5	5:05	-0.7	7:17	4:52	
15	Wed	11:31	4.5			5:15	-0.3	5:55	-0.6	7:16	4:53	
16	Thu	12:16	4.2	12:28	4.2	6:16	-0.1	6:52	-0.4	7:16	4:54	
17	Fri	1:12	4.3	1:26	4.0	7:24	0.0	7:53	-0.3	7:16	4:55	
18	Sat	2:08	4.3	2:24	3.7	8:34	0.1	8:54	-0.2	7:15	4:56	
19	Sun	3:06	4.3	3:26	3.6	9:40	0.0	9:53	-0.2	7:15	4:58	
20	Mon	4:07	4.3	4:31	3.5	10:40	-0.1	10:48	-0.2	7:14	4:59	
21	Tue	5:07	4.4	5:32	3.6	11:34	-0.2	11:39	-0.2	7:13	5:00	
22	Wed	6:00	4.5	6:25	3.7			12:25	-0.3	7:13	5:01	
23	Thu	6:48	4.6	7:13	3.7	12:29	-0.2	1:13	-0.4	7:12	5:02	
24	Fri	7:32	4.6	7:57	3.8	1:16	-0.2	1:59	-0.5	7:11	5:03	
25	Sat	8:13	4.5	8:39	3.8	2:02	-0.2	2:41	-0.5	7:11	5:05	
26	Sun	8:54	4.4	9:21	3.7	2:45	-0.2	3:19	-0.4	7:10	5:06	
27	Mon	9:34	4.2	10:02	3.7	3:25	-0.1	3:55	-0.4	7:09	5:07	
28	Tue	10:15	4.0	10:44	3.6	4:02	0.1	4:29	-0.2	7:08	5:08	
29	Wed	10:56	3.8	11:27	3.5	4:40	0.2	5:03	-0.1	7:08	5:09	
30	Thu	11:38	3.6			5:18	0.4	5:38	0.1	7:07	5:11	
31	Fri	12:09	3.5	12:22	3.4	6:03	0.6	6:18	0.3	7:06	5:12	