

































Highlands, NJ - Jan 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:27	4.1	3:48	3.5	10:04	0.3	10:04	0.0	7:18	4:40	
2	Mon	4:23	4.2	4:46	3.4	10:57	0.2	10:51	0.1	7:18	4:40	
3	Tue	5:15	4.2	5:40	3.4	11:45	0.1	11:36	0.1	7:19	4:41	
4	Wed	6:02	4.3	6:28	3.5			12:31	0.0	7:19	4:42	
5	Thu	6:44	4.4	7:12	3.5	12:20	0.1	1:16	-0.1	7:19	4:43	
6	Fri	7:24	4.4	7:53	3.6	1:04	0.1	1:59	-0.1	7:18	4:44	
7	Sat	8:01	4.3	8:34	3.5	1:47	0.1	2:39	-0.1	7:18	4:45	
8	Sun	8:38	4.3	9:14	3.5	2:29	0.1	3:17	-0.1	7:18	4:46	
9	Mon	9:14	4.1	9:55	3.4	3:08	0.2	3:52	-0.1	7:18	4:47	
10	Tue	9:49	4.0	10:36	3.4	3:45	0.2	4:25	0.0	7:18	4:48	
11	Wed	10:25	3.8	11:17	3.4	4:20	0.4	4:58	0.1	7:18	4:49	
12	Thu	11:05	3.7	11:59	3.4	4:58	0.5	5:31	0.2	7:17	4:50	
13	Fri	11:49	3.5			5:41	0.6	6:08	0.2	7:17	4:51	
14	Sat	12:43	3.5	12:39	3.4	6:37	0.7	6:56	0.3	7:17	4:52	
15	Sun	1:28	3.7	1:33	3.3	7:49	0.7	7:57	0.3	7:16	4:53	
16	Mon	2:19	3.9	2:33	3.2	9:02	0.5	9:02	0.2	7:16	4:54	
17	Tue	3:18	4.1	3:42	3.2	10:08	0.2	10:05	0.0	7:15	4:56	
18	Wed	4:24	4.4	4:54	3.4	11:07	-0.1	11:04	-0.2	7:15	4:57	
19	Thu	5:27	4.7	5:57	3.6			12:03	-0.4	7:14	4:58	
20	Fri	6:24	5.0	6:53	3.9	12:02	-0.4	12:58	-0.7	7:14	4:59	
21	Sat	7:17	5.2	7:46	4.2	1:00	-0.7	1:52	-1.0	7:13	5:00	
22	Sun	8:09	5.3	8:39	4.3	1:56	-0.8	2:43	-1.1	7:13	5:01	
23	Mon	9:01	5.2	9:32	4.4	2:50	-0.9	3:31	-1.2	7:12	5:03	
24	Tue	9:53	5.0	10:27	4.4	3:42	-0.8	4:17	-1.1	7:11	5:04	
25	Wed	10:46	4.7	11:22	4.3	4:33	-0.6	5:03	-0.9	7:11	5:05	
26	Thu	11:40	4.4			5:25	-0.3	5:50	-0.6	7:10	5:06	
27	Fri	12:15	4.2	12:33	4.0	6:22	0.0	6:41	-0.3	7:09	5:07	
28	Sat	1:07	4.1	1:26	3.7	7:26	0.2	7:36	0.0	7:08	5:09	
29	Sun	1:58	4.0	2:19	3.4	8:33	0.4	8:34	0.2	7:07	5:10	
30	Mon	2:50	3.9	3:16	3.1	9:35	0.4	9:30	0.3	7:06	5:11	
31	Tue	3:47	3.8	4:18	3.1	10:32	0.3	10:23	0.3	7:06	5:12	