
































Highlands, NJ - Jun 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:29	3.9	6:57	4.9	12:36	0.5	12:37	0.4	5:27	8:19	
2	Fri	7:18	4.0	7:39	5.2	1:24	0.3	1:21	0.3	5:27	8:20	
3	Sat	8:04	4.1	8:22	5.4	2:14	0.0	2:08	0.2	5:27	8:21	
4	Sun	8:51	4.2	9:08	5.5	3:04	-0.1	2:58	0.2	5:26	8:21	
5	Mon	9:41	4.2	9:58	5.5	3:54	-0.3	3:48	0.2	5:26	8:22	
6	Tue	10:35	4.2	10:52	5.3	4:42	-0.3	4:39	0.2	5:26	8:23	
7	Wed	11:34	4.2	11:51	5.2	5:31	-0.2	5:31	0.3	5:25	8:23	
8	Thu			12:36	4.3	6:22	-0.1	6:29	0.5	5:25	8:24	
9	Fri	12:52	5.0	1:36	4.4	7:18	0.0	7:35	0.6	5:25	8:24	
10	Sat	1:51	4.8	2:33	4.5	8:17	0.1	8:46	0.7	5:25	8:25	
11	Sun	2:47	4.6	3:28	4.6	9:16	0.1	9:54	0.6	5:25	8:25	
12	Mon	3:44	4.4	4:24	4.8	10:12	0.1	10:56	0.5	5:25	8:26	
13	Tue	4:42	4.2	5:20	4.9	11:04	0.1	11:52	0.4	5:25	8:26	
14	Wed	5:42	4.1	6:14	5.0	11:52	0.1			5:25	8:27	
15	Thu	6:38	4.1	7:02	5.1	12:43	0.3	12:38	0.2	5:25	8:27	
16	Fri	7:28	4.1	7:46	5.1	1:32	0.2	1:24	0.3	5:25	8:28	
17	Sat	8:15	4.1	8:27	5.1	2:20	0.2	2:09	0.4	5:25	8:28	
18	Sun	8:59	4.1	9:08	5.0	3:06	0.2	2:54	0.5	5:25	8:28	
19	Mon	9:44	4.0	9:48	4.8	3:49	0.2	3:37	0.6	5:25	8:29	
20	Tue	10:29	3.9	10:29	4.6	4:30	0.3	4:19	0.7	5:25	8:29	
21	Wed	11:15	3.8	11:11	4.4	5:08	0.4	4:58	0.9	5:25	8:29	
22	Thu			12:03	3.8	5:45	0.5	5:37	1.0	5:26	8:29	
23	Fri			12:51	3.8	6:23	0.6	6:19	1.2	5:26	8:29	
24	Sat	12:39	4.1	1:36	3.8	7:03	0.7	7:08	1.3	5:26	8:30	
25	Sun	1:23	4.0	2:18	3.9	7:47	0.8	8:07	1.3	5:27	8:30	
26	Mon	2:07	3.9	3:00	4.1	8:36	0.8	9:13	1.3	5:27	8:30	
27	Tue	2:54	3.8	3:44	4.2	9:27	0.8	10:15	1.1	5:27	8:30	
28	Wed	3:46	3.7	4:33	4.5	10:18	0.7	11:12	0.9	5:28	8:30	
29	Thu	4:46	3.7	5:27	4.7	11:09	0.6			5:28	8:30	
30	Fri	5:50	3.8	6:22	5.0	12:06	0.6	11:59 AM	0.5	5:29	8:30	