

































Highlands, NJ - Jan 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:25	3.7			5:04	0.6	5:43	0.3	7:18	4:39	
2	Tue	12:15	3.4	12:09	3.5	5:50	0.8	6:25	0.4	7:18	4:40	
3	Wed	12:59	3.5	12:54	3.3	6:45	0.9	7:12	0.5	7:19	4:41	
4	Thu	1:42	3.5	1:40	3.2	7:50	0.9	8:05	0.5	7:19	4:42	
5	Fri	2:26	3.6	2:30	3.1	8:55	0.8	8:59	0.5	7:19	4:43	
6	Sat	3:15	3.8	3:29	3.1	9:55	0.6	9:52	0.4	7:18	4:44	
7	Sun	4:10	4.0	4:33	3.1	10:49	0.3	10:43	0.2	7:18	4:45	
8	Mon	5:05	4.3	5:32	3.3	11:40	0.0	11:34	0.0	7:18	4:46	
9	Tue	5:57	4.6	6:24	3.5			12:31	-0.3	7:18	4:47	
10	Wed	6:45	4.9	7:13	3.7	12:25	-0.2	1:22	-0.5	7:18	4:48	
11	Thu	7:33	5.1	8:01	3.9	1:17	-0.4	2:11	-0.7	7:18	4:49	
12	Fri	8:21	5.1	8:51	4.1	2:10	-0.5	2:59	-0.9	7:17	4:50	
13	Sat	9:11	5.1	9:43	4.2	3:01	-0.6	3:45	-1.0	7:17	4:51	
14	Sun	10:03	4.9	10:38	4.2	3:52	-0.6	4:30	-0.9	7:17	4:52	
15	Mon	10:57	4.7	11:35	4.3	4:43	-0.5	5:16	-0.8	7:16	4:53	
16	Tue	11:53	4.4			5:38	-0.2	6:07	-0.6	7:16	4:54	
17	Wed	12:31	4.3	12:49	4.1	6:41	0.0	7:02	-0.4	7:16	4:55	
18	Thu	1:26	4.3	1:45	3.8	7:51	0.2	8:02	-0.2	7:15	4:56	
19	Fri	2:21	4.2	2:43	3.5	9:00	0.2	9:03	0.0	7:15	4:58	
20	Sat	3:19	4.1	3:46	3.3	10:04	0.2	10:01	0.0	7:14	4:59	
21	Sun	4:20	4.1	4:51	3.3	11:01	0.1	10:55	0.0	7:13	5:00	
22	Mon	5:20	4.2	5:49	3.4	11:53	-0.1	11:45	0.0	7:13	5:01	
23	Tue	6:11	4.2	6:39	3.5			12:42	-0.2	7:12	5:02	
24	Wed	6:56	4.3	7:24	3.6	12:34	0.0	1:28	-0.2	7:11	5:03	
25	Thu	7:38	4.3	8:06	3.7	1:20	0.0	2:10	-0.3	7:11	5:05	
26	Fri	8:17	4.3	8:47	3.7	2:04	-0.1	2:49	-0.3	7:10	5:06	
27	Sat	8:54	4.2	9:27	3.7	2:45	-0.1	3:25	-0.3	7:09	5:07	
28	Sun	9:31	4.0	10:06	3.6	3:24	0.0	3:58	-0.2	7:08	5:08	
29	Mon	10:06	3.9	10:46	3.6	4:00	0.1	4:29	-0.1	7:08	5:09	
30	Tue	10:43	3.6	11:25	3.6	4:36	0.2	4:59	0.0	7:07	5:11	
31	Wed	11:21	3.4			5:13	0.4	5:29	0.2	7:06	5:12	