

































Highlands, NJ - Jul 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:29	4.1	5:06	5.0	10:48	0.2	11:47	0.4	5:29	8:30	
2	Tue	5:33	4.0	6:05	5.1	11:42	0.2			5:30	8:29	
3	Wed	6:35	4.1	6:59	5.2	12:42	0.2	12:34	0.2	5:30	8:29	
4	Thu	7:30	4.1	7:49	5.2	1:35	0.1	1:26	0.3	5:31	8:29	
5	Fri	8:20	4.2	8:35	5.2	2:26	0.1	2:17	0.3	5:32	8:29	
6	Sat	9:09	4.2	9:19	5.0	3:14	0.0	3:06	0.4	5:32	8:28	
7	Sun	9:56	4.2	10:03	4.9	3:59	0.1	3:53	0.5	5:33	8:28	
8	Mon	10:43	4.1	10:47	4.7	4:40	0.1	4:35	0.6	5:34	8:28	
9	Tue	11:30	4.1	11:30	4.5	5:18	0.2	5:16	0.8	5:34	8:27	
10	Wed			12:17	4.1	5:55	0.4	5:57	0.9	5:35	8:27	
11	Thu	12:15	4.2	1:03	4.1	6:31	0.5	6:42	1.1	5:36	8:26	
12	Fri	12:59	4.0	1:46	4.1	7:10	0.7	7:33	1.3	5:36	8:26	
13	Sat	1:43	3.8	2:28	4.1	7:52	0.8	8:33	1.3	5:37	8:25	
14	Sun	2:27	3.7	3:10	4.2	8:41	0.9	9:36	1.3	5:38	8:25	
15	Mon	3:13	3.5	3:55	4.3	9:33	1.0	10:35	1.1	5:39	8:24	
16	Tue	4:07	3.4	4:46	4.4	10:27	1.0	11:30	0.9	5:39	8:24	
17	Wed	5:10	3.5	5:41	4.6	11:19	0.9			5:40	8:23	
18	Thu	6:11	3.6	6:34	4.8	12:21	0.7	12:10	0.7	5:41	8:22	
19	Fri	7:05	3.8	7:23	5.1	1:11	0.4	1:01	0.6	5:42	8:22	
20	Sat	7:54	4.0	8:10	5.3	2:01	0.2	1:53	0.4	5:43	8:21	
21	Sun	8:41	4.2	8:57	5.5	2:50	0.0	2:46	0.2	5:44	8:20	
22	Mon	9:29	4.4	9:44	5.5	3:37	-0.2	3:38	0.1	5:45	8:19	
23	Tue	10:18	4.6	10:34	5.4	4:22	-0.4	4:28	0.0	5:45	8:19	
24	Wed	11:11	4.7	11:27	5.2	5:05	-0.4	5:18	0.1	5:46	8:18	
25	Thu			12:05	4.8	5:49	-0.4	6:11	0.2	5:47	8:17	
26	Fri	12:22	4.9	1:01	4.9	6:36	-0.2	7:10	0.4	5:48	8:16	
27	Sat	1:18	4.6	1:55	4.9	7:27	0.0	8:16	0.6	5:49	8:15	
28	Sun	2:14	4.4	2:49	4.9	8:25	0.2	9:26	0.7	5:50	8:14	
29	Mon	3:11	4.1	3:45	4.9	9:26	0.4	10:32	0.7	5:51	8:13	
30	Tue	4:12	3.9	4:45	4.8	10:27	0.5	11:32	0.6	5:52	8:12	
31	Wed	5:17	3.9	5:48	4.8	11:25	0.5			5:53	8:11	