

































## Highlands, NJ - May 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:56	4.2			5:48	-0.3	5:47	0.2	5:54	7:51	
2	Fri	12:12	4.9	12:58	4.1	6:43	0.0	6:43	0.5	5:53	7:52	
3	Sat	1:13	4.6	1:58	4.0	7:45	0.3	7:48	0.8	5:51	7:53	
4	Sun	2:11	4.3	2:55	3.9	8:49	0.5	8:59	1.0	5:50	7:54	
5	Mon	3:07	4.1	3:50	4.0	9:50	0.5	10:05	1.0	5:49	7:55	
6	Tue	4:02	4.0	4:45	4.1	10:42	0.5	11:02	0.9	5:48	7:56	
7	Wed	4:59	3.9	5:38	4.3	11:28	0.5	11:52	0.7	5:47	7:57	
8	Thu	5:53	3.9	6:24	4.5			12:08	0.4	5:46	7:58	
9	Fri	6:40	3.9	7:06	4.7	12:37	0.5	12:46	0.4	5:45	7:59	
10	Sat	7:23	4.0	7:43	4.8	1:20	0.4	1:24	0.4	5:43	8:00	
11	Sun	8:02	4.0	8:19	4.9	2:02	0.3	2:02	0.4	5:42	8:01	
12	Mon	8:40	4.0	8:53	4.9	2:44	0.2	2:40	0.5	5:41	8:02	
13	Tue	9:18	3.9	9:26	4.8	3:25	0.2	3:18	0.6	5:40	8:03	
14	Wed	9:55	3.8	9:59	4.7	4:04	0.2	3:55	0.7	5:39	8:04	
15	Thu	10:33	3.7	10:34	4.6	4:42	0.3	4:30	0.8	5:39	8:05	
16	Fri	11:15	3.6	11:15	4.5	5:20	0.4	5:04	0.9	5:38	8:06	
17	Sat			12:03	3.5	5:59	0.5	5:42	1.0	5:37	8:07	
18	Sun	12:05	4.4	12:57	3.6	6:43	0.6	6:30	1.1	5:36	8:08	
19	Mon	1:01	4.4	1:51	3.7	7:36	0.6	7:37	1.1	5:35	8:09	
20	Tue	1:59	4.3	2:44	4.0	8:36	0.6	8:58	1.0	5:34	8:10	
21	Wed	2:57	4.3	3:40	4.3	9:36	0.4	10:10	0.8	5:34	8:11	
22	Thu	3:58	4.3	4:39	4.6	10:32	0.2	11:14	0.5	5:33	8:12	
23	Fri	5:02	4.3	5:39	5.0	11:25	0.0			5:32	8:12	
24	Sat	6:06	4.4	6:35	5.4	12:12	0.1	12:17	-0.2	5:31	8:13	
25	Sun	7:04	4.5	7:28	5.7	1:08	-0.1	1:08	-0.3	5:31	8:14	
26	Mon	7:58	4.6	8:19	5.8	2:04	-0.3	2:01	-0.3	5:30	8:15	
27	Tue	8:52	4.6	9:09	5.7	2:59	-0.4	2:56	-0.2	5:30	8:16	
28	Wed	9:46	4.5	10:02	5.5	3:52	-0.5	3:49	-0.1	5:29	8:17	
29	Thu	10:42	4.4	10:56	5.2	4:43	-0.4	4:40	0.1	5:29	8:17	
30	Fri	11:41	4.3	11:52	4.9	5:32	-0.2	5:31	0.4	5:28	8:18	
31	Sat			12:40	4.2	6:23	0.0	6:24	0.7	5:28	8:19	