
































Highlands, NJ - Jun 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:49	4.6	1:36	4.2	7:16	0.3	7:22	0.9	5:27	8:20	
2	Mon	1:43	4.4	2:27	4.2	8:11	0.5	8:26	1.1	5:27	8:20	
3	Tue	2:34	4.1	3:16	4.2	9:06	0.6	9:29	1.1	5:26	8:21	
4	Wed	3:23	3.9	4:05	4.3	9:56	0.7	10:27	1.1	5:26	8:22	
5	Thu	4:14	3.8	4:54	4.4	10:41	0.7	11:18	0.9	5:26	8:22	
6	Fri	5:07	3.7	5:43	4.5	11:24	0.7			5:26	8:23	
7	Sat	6:01	3.7	6:29	4.6	12:05	0.8	12:05	0.7	5:25	8:24	
8	Sun	6:49	3.7	7:10	4.8	12:50	0.6	12:45	0.6	5:25	8:24	
9	Mon	7:34	3.8	7:49	4.9	1:34	0.5	1:26	0.7	5:25	8:25	
10	Tue	8:15	3.8	8:26	4.9	2:18	0.4	2:09	0.7	5:25	8:25	
11	Wed	8:55	3.8	9:02	4.9	3:02	0.3	2:52	0.7	5:25	8:26	
12	Thu	9:35	3.8	9:39	4.9	3:45	0.2	3:34	0.7	5:25	8:26	
13	Fri	10:15	3.8	10:17	4.8	4:25	0.2	4:14	0.7	5:25	8:27	
14	Sat	10:58	3.8	11:00	4.7	5:03	0.2	4:53	0.8	5:25	8:27	
15	Sun	11:46	3.8	11:49	4.6	5:42	0.3	5:35	0.8	5:25	8:27	
16	Mon			12:37	4.0	6:23	0.3	6:23	0.9	5:25	8:28	
17	Tue	12:43	4.5	1:29	4.2	7:08	0.3	7:24	0.9	5:25	8:28	
18	Wed	1:38	4.4	2:21	4.4	8:01	0.3	8:37	0.9	5:25	8:28	
19	Thu	2:34	4.3	3:14	4.7	8:59	0.3	9:49	0.8	5:25	8:29	
20	Fri	3:32	4.2	4:11	4.9	9:58	0.2	10:55	0.5	5:25	8:29	
21	Sat	4:35	4.1	5:12	5.1	10:55	0.1	11:56	0.3	5:26	8:29	
22	Sun	5:43	4.2	6:14	5.3	11:51	0.0			5:26	8:29	
23	Mon	6:46	4.2	7:10	5.5	12:53	0.0	12:47	0.0	5:26	8:29	
24	Tue	7:43	4.4	8:03	5.6	1:49	-0.1	1:43	0.0	5:26	8:30	
25	Wed	8:38	4.4	8:55	5.5	2:44	-0.2	2:39	0.0	5:27	8:30	
26	Thu	9:31	4.5	9:46	5.4	3:37	-0.3	3:33	0.1	5:27	8:30	
27	Fri	10:25	4.4	10:37	5.1	4:26	-0.3	4:24	0.2	5:27	8:30	
28	Sat	11:19	4.4	11:28	4.9	5:11	-0.2	5:12	0.4	5:28	8:30	
29	Sun			12:13	4.3	5:56	0.0	5:59	0.6	5:28	8:30	
30	Mon	12:19	4.6	1:04	4.3	6:40	0.2	6:50	0.9	5:29	8:30	