


































Highlands, NJ - Aug 2025

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|-----|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Fri | 2:00 | 3.7 | 2:37 | 4.3 | 8:00 | 1.0 | 8:57 | 1.3 | 5:53 | 8:10 |  |
| 2 | Sat | 2:47 | 3.5 | 3:22 | 4.2 | 8:53 | 1.1 | 9:59 | 1.2 | 5:54 | 8:09 |  |
| 3 | Sun | 3:38 | 3.4 | 4:12 | 4.3 | 9:51 | 1.2 | 10:56 | 1.1 | 5:55 | 8:08 |  |
| 4 | Mon | 4:37 | 3.4 | 5:08 | 4.3 | 10:48 | 1.1 | 11:48 | 0.9 | 5:56 | 8:07 |  |
| 5 | Tue | 5:40 | 3.4 | 6:04 | 4.5 | 11:40 | 1.0 | | | 5:57 | 8:06 |  |
| 6 | Wed | 6:36 | 3.6 | 6:53 | 4.7 | 12:37 | 0.7 | 12:30 | 0.9 | 5:58 | 8:04 |  |
| 7 | Thu | 7:24 | 3.8 | 7:37 | 5.0 | 1:23 | 0.5 | 1:18 | 0.7 | 5:59 | 8:03 |  |
| 8 | Fri | 8:06 | 4.1 | 8:19 | 5.1 | 2:09 | 0.3 | 2:06 | 0.5 | 6:00 | 8:02 |  |
| 9 | Sat | 8:47 | 4.3 | 8:59 | 5.2 | 2:52 | 0.1 | 2:54 | 0.4 | 6:01 | 8:01 |  |
| 10 | Sun | 9:28 | 4.5 | 9:41 | 5.2 | 3:34 | -0.1 | 3:40 | 0.2 | 6:02 | 7:59 |  |
| 11 | Mon | 10:10 | 4.7 | 10:25 | 5.1 | 4:14 | -0.2 | 4:26 | 0.2 | 6:03 | 7:58 |  |
| 12 | Tue | 10:56 | 4.8 | 11:13 | 4.9 | 4:53 | -0.2 | 5:12 | 0.2 | 6:04 | 7:57 |  |
| 13 | Wed | 11:46 | 4.9 | | | 5:32 | -0.2 | 6:01 | 0.3 | 6:05 | 7:56 |  |
| 14 | Thu | 12:06 | 4.6 | 12:40 | 5.0 | 6:14 | 0.0 | 6:57 | 0.5 | 6:06 | 7:54 |  |
| 15 | Fri | 1:03 | 4.4 | 1:36 | 5.0 | 7:04 | 0.2 | 8:05 | 0.7 | 6:07 | 7:53 |  |
| 16 | Sat | 2:02 | 4.2 | 2:33 | 4.9 | 8:04 | 0.4 | 9:18 | 0.8 | 6:08 | 7:51 |  |
| 17 | Sun | 3:02 | 4.0 | 3:34 | 4.9 | 9:13 | 0.6 | 10:28 | 0.7 | 6:09 | 7:50 |  |
| 18 | Mon | 4:08 | 3.9 | 4:40 | 4.8 | 10:23 | 0.6 | 11:31 | 0.6 | 6:10 | 7:49 |  |
| 19 | Tue | 5:18 | 3.9 | 5:47 | 4.9 | 11:26 | 0.5 | | | 6:11 | 7:47 |  |
| 20 | Wed | 6:23 | 4.1 | 6:47 | 5.0 | 12:27 | 0.4 | 12:24 | 0.4 | 6:12 | 7:46 |  |
| 21 | Thu | 7:19 | 4.4 | 7:38 | 5.1 | 1:18 | 0.2 | 1:18 | 0.3 | 6:13 | 7:44 |  |
| 22 | Fri | 8:08 | 4.6 | 8:23 | 5.1 | 2:07 | 0.1 | 2:09 | 0.3 | 6:14 | 7:43 |  |
| 23 | Sat | 8:52 | 4.7 | 9:05 | 5.1 | 2:52 | 0.0 | 2:57 | 0.3 | 6:15 | 7:41 |  |
| 24 | Sun | 9:35 | 4.8 | 9:45 | 4.9 | 3:33 | 0.0 | 3:41 | 0.3 | 6:16 | 7:40 |  |
| 25 | Mon | 10:16 | 4.7 | 10:25 | 4.7 | 4:10 | 0.1 | 4:23 | 0.4 | 6:17 | 7:38 |  |
| 26 | Tue | 10:57 | 4.7 | 11:05 | 4.4 | 4:45 | 0.2 | 5:02 | 0.5 | 6:18 | 7:37 |  |
| 27 | Wed | 11:38 | 4.6 | 11:47 | 4.1 | 5:18 | 0.4 | 5:41 | 0.7 | 6:18 | 7:35 |  |
| 28 | Thu | | | 12:20 | 4.4 | 5:49 | 0.6 | 6:21 | 0.9 | 6:19 | 7:34 |  |
| 29 | Fri | 12:32 | 3.8 | 1:04 | 4.3 | 6:21 | 0.9 | 7:08 | 1.2 | 6:20 | 7:32 |  |
| 30 | Sat | 1:20 | 3.6 | 1:49 | 4.2 | 6:59 | 1.1 | 8:07 | 1.3 | 6:21 | 7:30 |  |
| 31 | Sun | 2:09 | 3.5 | 2:36 | 4.2 | 7:52 | 1.3 | 9:15 | 1.4 | 6:22 | 7:29 |  |