
































Highlands, NJ - Sep 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:02	3.4	3:28	4.2	9:03	1.4	10:20	1.3	6:23	7:27	
2	Tue	4:00	3.4	4:26	4.3	10:12	1.4	11:16	1.0	6:24	7:26	
3	Wed	5:04	3.5	5:27	4.5	11:12	1.2			6:25	7:24	
4	Thu	6:04	3.8	6:22	4.7	12:05	0.8	12:04	0.9	6:26	7:22	
5	Fri	6:53	4.1	7:09	5.0	12:51	0.5	12:54	0.6	6:27	7:21	
6	Sat	7:37	4.5	7:53	5.2	1:35	0.2	1:43	0.3	6:28	7:19	
7	Sun	8:18	4.8	8:35	5.3	2:18	-0.1	2:32	0.1	6:29	7:18	
8	Mon	9:00	5.1	9:19	5.3	3:01	-0.2	3:21	0.0	6:30	7:16	
9	Tue	9:44	5.3	10:05	5.1	3:43	-0.3	4:10	-0.1	6:31	7:14	
10	Wed	10:30	5.4	10:54	4.9	4:24	-0.3	4:58	0.0	6:32	7:13	
11	Thu	11:21	5.3	11:49	4.6	5:07	-0.2	5:48	0.2	6:33	7:11	
12	Fri			12:17	5.2	5:52	0.0	6:44	0.4	6:34	7:09	
13	Sat	12:50	4.3	1:18	5.0	6:43	0.4	7:51	0.7	6:35	7:08	
14	Sun	1:53	4.1	2:19	4.9	7:48	0.7	9:05	0.8	6:36	7:06	
15	Mon	2:56	4.0	3:22	4.7	9:02	0.8	10:16	0.7	6:37	7:04	
16	Tue	4:01	4.0	4:28	4.7	10:15	0.8	11:17	0.6	6:38	7:03	
17	Wed	5:08	4.1	5:33	4.7	11:18	0.7			6:39	7:01	
18	Thu	6:10	4.3	6:31	4.8	12:09	0.4	12:13	0.6	6:40	6:59	
19	Fri	7:02	4.5	7:18	4.9	12:56	0.3	1:03	0.5	6:41	6:58	
20	Sat	7:46	4.8	8:00	4.9	1:39	0.2	1:50	0.4	6:42	6:56	
21	Sun	8:26	4.9	8:39	4.8	2:20	0.1	2:34	0.3	6:42	6:54	
22	Mon	9:04	5.0	9:16	4.7	2:58	0.2	3:17	0.3	6:43	6:53	
23	Tue	9:40	5.0	9:53	4.5	3:33	0.3	3:56	0.4	6:44	6:51	
24	Wed	10:16	4.9	10:30	4.3	4:07	0.4	4:34	0.5	6:45	6:49	
25	Thu	10:53	4.7	11:09	4.0	4:39	0.6	5:11	0.7	6:46	6:47	
26	Fri	11:30	4.5	11:52	3.8	5:09	0.8	5:48	0.9	6:47	6:46	
27	Sat			12:12	4.4	5:39	1.0	6:30	1.1	6:48	6:44	
28	Sun	12:41	3.6	1:00	4.2	6:13	1.2	7:23	1.3	6:49	6:43	
29	Mon	1:35	3.4	1:52	4.2	6:58	1.4	8:31	1.3	6:50	6:41	
30	Tue	2:30	3.4	2:47	4.2	8:13	1.5	9:40	1.2	6:51	6:39	