

































Highlands, NJ - Dec 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:08	4.7	4:34	4.1	10:44	0.2	10:49	-0.3	7:00	4:30	
2	Tue	5:06	5.0	5:34	4.3	11:40	-0.2	11:40	-0.4	7:01	4:29	
3	Wed	6:00	5.4	6:29	4.4			12:35	-0.4	7:02	4:29	
4	Thu	6:52	5.6	7:22	4.4	12:33	-0.5	1:30	-0.6	7:02	4:29	
5	Fri	7:43	5.6	8:16	4.4	1:27	-0.6	2:24	-0.7	7:03	4:29	
6	Sat	8:34	5.5	9:11	4.3	2:21	-0.5	3:16	-0.7	7:04	4:29	
7	Sun	9:28	5.2	10:09	4.2	3:14	-0.4	4:07	-0.6	7:05	4:29	
8	Mon	10:25	4.9	11:08	4.1	4:06	-0.2	4:57	-0.4	7:06	4:29	
9	Tue	11:23	4.6			4:58	0.1	5:49	-0.1	7:07	4:29	
10	Wed	12:07	4.0	12:19	4.3	5:55	0.4	6:45	0.1	7:08	4:29	
11	Thu	1:03	4.0	1:13	4.0	6:58	0.7	7:42	0.3	7:09	4:29	
12	Fri	1:54	4.0	2:04	3.8	8:05	0.8	8:36	0.3	7:09	4:29	
13	Sat	2:45	4.0	2:55	3.6	9:07	0.7	9:26	0.4	7:10	4:30	
14	Sun	3:35	4.0	3:50	3.4	10:02	0.6	10:11	0.4	7:11	4:30	
15	Mon	4:26	4.1	4:45	3.4	10:51	0.5	10:53	0.4	7:12	4:30	
16	Tue	5:14	4.3	5:35	3.4	11:36	0.3	11:34	0.3	7:12	4:30	
17	Wed	5:58	4.4	6:21	3.5			12:20	0.2	7:13	4:31	
18	Thu	6:39	4.5	7:02	3.5	12:15	0.3	1:04	0.1	7:13	4:31	
19	Fri	7:17	4.5	7:42	3.5	12:57	0.3	1:47	0.0	7:14	4:31	
20	Sat	7:53	4.5	8:21	3.5	1:39	0.3	2:29	-0.1	7:15	4:32	
21	Sun	8:29	4.5	8:59	3.5	2:21	0.3	3:08	-0.1	7:15	4:32	
22	Mon	9:05	4.4	9:38	3.4	3:00	0.3	3:46	-0.1	7:16	4:33	
23	Tue	9:43	4.3	10:20	3.4	3:37	0.4	4:22	-0.1	7:16	4:33	
24	Wed	10:24	4.2	11:06	3.5	4:14	0.4	4:59	0.0	7:16	4:34	
25	Thu	11:12	4.1	11:56	3.6	4:56	0.5	5:38	0.0	7:17	4:35	
26	Fri			12:05	4.0	5:46	0.5	6:25	0.0	7:17	4:35	
27	Sat	12:47	3.8	1:00	3.9	6:53	0.6	7:21	0.0	7:17	4:36	
28	Sun	1:40	4.1	1:58	3.7	8:10	0.5	8:22	0.0	7:18	4:37	
29	Mon	2:36	4.3	3:00	3.7	9:21	0.3	9:23	-0.1	7:18	4:37	
30	Tue	3:37	4.5	4:08	3.7	10:25	0.0	10:23	-0.3	7:18	4:38	
31	Wed	4:42	4.7	5:15	3.8	11:25	-0.2	11:20	-0.4	7:18	4:39	