
































Highlands, NJ - Sep 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:26	4.9	11:52	4.3	5:15	0.2	5:53	0.5	6:23	7:28	
2	Wed			12:18	4.9	5:54	0.3	6:47	0.7	6:24	7:26	
3	Thu	12:50	4.1	1:17	4.9	6:42	0.5	7:55	0.9	6:25	7:24	
4	Fri	1:53	3.9	2:20	4.8	7:46	0.7	9:12	0.9	6:26	7:23	
5	Sat	2:57	3.9	3:24	4.8	9:04	0.8	10:24	0.8	6:27	7:21	
6	Sun	4:06	3.9	4:34	4.9	10:20	0.7	11:26	0.5	6:28	7:20	
7	Mon	5:16	4.1	5:43	5.0	11:26	0.5			6:29	7:18	
8	Tue	6:21	4.4	6:42	5.2	12:21	0.2	12:25	0.3	6:30	7:16	
9	Wed	7:16	4.8	7:34	5.3	1:11	0.0	1:20	0.1	6:31	7:15	
10	Thu	8:04	5.1	8:20	5.3	1:59	-0.2	2:11	0.0	6:32	7:13	
11	Fri	8:49	5.2	9:04	5.2	2:44	-0.3	3:01	0.0	6:33	7:11	
12	Sat	9:33	5.3	9:47	5.0	3:27	-0.2	3:47	0.0	6:34	7:10	
13	Sun	10:15	5.2	10:30	4.7	4:07	-0.1	4:31	0.2	6:35	7:08	
14	Mon	10:58	5.0	11:15	4.4	4:44	0.2	5:12	0.4	6:35	7:06	
15	Tue	11:42	4.8			5:20	0.5	5:54	0.6	6:36	7:05	
16	Wed	12:02	4.0	12:29	4.6	5:55	0.8	6:39	0.9	6:37	7:03	
17	Thu	12:53	3.8	1:18	4.4	6:34	1.1	7:32	1.2	6:38	7:01	
18	Fri	1:45	3.6	2:08	4.2	7:23	1.3	8:36	1.3	6:39	7:00	
19	Sat	2:38	3.5	3:00	4.1	8:30	1.5	9:42	1.3	6:40	6:58	
20	Sun	3:33	3.5	3:55	4.1	9:42	1.5	10:40	1.2	6:41	6:56	
21	Mon	4:32	3.6	4:53	4.2	10:43	1.4	11:29	0.9	6:42	6:55	
22	Tue	5:30	3.7	5:48	4.4	11:36	1.1			6:43	6:53	
23	Wed	6:21	4.0	6:36	4.6	12:13	0.7	12:23	0.9	6:44	6:51	
24	Thu	7:04	4.4	7:18	4.8	12:54	0.5	1:08	0.6	6:45	6:50	
25	Fri	7:42	4.7	7:57	4.9	1:34	0.3	1:53	0.4	6:46	6:48	
26	Sat	8:18	5.0	8:35	4.9	2:13	0.1	2:38	0.2	6:47	6:46	
27	Sun	8:54	5.2	9:15	4.9	2:53	0.0	3:24	0.1	6:48	6:45	
28	Mon	9:32	5.3	9:57	4.7	3:32	0.0	4:09	0.1	6:49	6:43	
29	Tue	10:15	5.3	10:45	4.5	4:12	0.0	4:54	0.2	6:50	6:41	
30	Wed	11:04	5.2	11:40	4.3	4:53	0.1	5:43	0.3	6:51	6:40	