

































## Highlands, NJ - Oct 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu			12:01	5.1	5:38	0.3	6:38	0.5	6:52	6:38	
2	Fri	12:44	4.1	1:05	4.9	6:31	0.6	7:46	0.7	6:53	6:36	
3	Sat	1:49	4.0	2:11	4.8	7:40	0.8	9:00	0.8	6:54	6:35	
4	Sun	2:54	4.0	3:16	4.7	9:00	0.9	10:09	0.6	6:55	6:33	
5	Mon	3:59	4.1	4:22	4.7	10:14	0.8	11:08	0.4	6:56	6:31	
6	Tue	5:05	4.4	5:26	4.8	11:18	0.6			6:57	6:30	
7	Wed	6:05	4.7	6:24	4.9	12:00	0.2	12:14	0.4	6:58	6:28	
8	Thu	6:57	5.0	7:13	4.9	12:46	0.0	1:05	0.2	6:59	6:27	
9	Fri	7:42	5.2	7:58	4.9	1:30	-0.1	1:53	0.1	7:00	6:25	
10	Sat	8:23	5.3	8:39	4.8	2:13	-0.1	2:40	0.1	7:01	6:23	
11	Sun	9:03	5.3	9:20	4.6	2:53	0.0	3:24	0.1	7:02	6:22	
12	Mon	9:42	5.2	10:01	4.4	3:32	0.2	4:06	0.2	7:03	6:20	
13	Tue	10:20	5.0	10:43	4.1	4:09	0.4	4:45	0.4	7:04	6:19	
14	Wed	11:01	4.8	11:28	3.9	4:44	0.6	5:25	0.6	7:05	6:17	
15	Thu	11:45	4.5			5:19	0.9	6:05	0.8	7:07	6:16	
16	Fri	12:19	3.7	12:34	4.3	5:55	1.1	6:52	1.0	7:08	6:14	
17	Sat	1:13	3.5	1:27	4.1	6:39	1.4	7:50	1.2	7:09	6:13	
18	Sun	2:07	3.5	2:19	4.0	7:42	1.5	8:55	1.2	7:10	6:11	
19	Mon	2:59	3.5	3:11	4.0	8:59	1.6	9:55	1.1	7:11	6:10	
20	Tue	3:52	3.6	4:05	4.1	10:06	1.4	10:46	0.9	7:12	6:08	
21	Wed	4:46	3.8	5:01	4.2	11:03	1.2	11:31	0.6	7:13	6:07	
22	Thu	5:38	4.1	5:54	4.4	11:53	0.8			7:14	6:06	
23	Fri	6:24	4.5	6:42	4.5	12:12	0.4	12:40	0.5	7:15	6:04	
24	Sat	7:06	4.9	7:26	4.7	12:53	0.2	1:27	0.2	7:16	6:03	
25	Sun	7:46	5.2	8:09	4.7	1:35	0.0	2:15	0.0	7:17	6:01	
26	Mon	8:26	5.5	8:54	4.7	2:18	-0.1	3:04	-0.1	7:19	6:00	
27	Tue	9:09	5.6	9:41	4.6	3:03	-0.1	3:53	-0.2	7:20	5:59	
28	Wed	9:57	5.5	10:33	4.4	3:50	-0.1	4:42	-0.1	7:21	5:58	
29	Thu	10:50	5.4	11:33	4.2	4:38	0.0	5:33	0.0	7:22	5:56	
30	Fri	11:50	5.1			5:28	0.2	6:29	0.2	7:23	5:55	
31	Sat	12:38	4.1	12:56	4.9	6:25	0.5	7:33	0.4	7:24	5:54	