

































## Highlands, NJ - Jan 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	1:59	4.0	2:17	3.6	8:26	0.5	8:35	0.2	7:18	4:40	
2	Thu	2:50	4.0	3:11	3.4	9:27	0.5	9:28	0.2	7:18	4:40	
3	Fri	3:43	3.9	4:08	3.3	10:21	0.4	10:17	0.2	7:19	4:41	
4	Sat	4:38	4.0	5:04	3.4	11:10	0.3	11:04	0.2	7:19	4:42	
5	Sun	5:28	4.1	5:54	3.5	11:55	0.1	11:48	0.1	7:19	4:43	
6	Mon	6:13	4.2	6:39	3.6			12:39	0.0	7:18	4:44	
7	Tue	6:53	4.3	7:21	3.7	12:32	0.0	1:22	-0.1	7:18	4:45	
8	Wed	7:31	4.4	8:00	3.7	1:15	0.0	2:03	-0.2	7:18	4:46	
9	Thu	8:06	4.4	8:38	3.7	1:58	-0.1	2:42	-0.3	7:18	4:47	
10	Fri	8:40	4.3	9:16	3.7	2:38	-0.1	3:18	-0.3	7:18	4:48	
11	Sat	9:13	4.2	9:53	3.7	3:16	0.0	3:52	-0.3	7:18	4:49	
12	Sun	9:47	4.1	10:31	3.7	3:53	0.0	4:24	-0.2	7:17	4:50	
13	Mon	10:27	4.0	11:14	3.8	4:30	0.1	4:57	-0.1	7:17	4:51	
14	Tue	11:13	3.8			5:12	0.2	5:34	-0.1	7:17	4:52	
15	Wed	12:02	3.9	12:07	3.7	6:04	0.3	6:21	0.0	7:16	4:53	
16	Thu	12:55	4.0	1:05	3.6	7:12	0.4	7:24	0.1	7:16	4:54	
17	Fri	1:50	4.1	2:07	3.5	8:28	0.3	8:36	0.0	7:15	4:56	
18	Sat	2:52	4.3	3:16	3.5	9:38	0.1	9:45	-0.2	7:15	4:57	
19	Sun	3:59	4.5	4:28	3.6	10:41	-0.2	10:47	-0.4	7:14	4:58	
20	Mon	5:05	4.7	5:35	3.9	11:38	-0.6	11:46	-0.6	7:14	4:59	
21	Tue	6:05	5.0	6:33	4.2			12:33	-0.8	7:13	5:00	
22	Wed	6:58	5.2	7:26	4.4	12:43	-0.8	1:27	-1.1	7:13	5:01	
23	Thu	7:49	5.3	8:17	4.6	1:38	-1.0	2:17	-1.2	7:12	5:03	
24	Fri	8:39	5.2	9:08	4.6	2:32	-1.0	3:05	-1.3	7:11	5:04	
25	Sat	9:29	5.0	9:59	4.5	3:22	-0.9	3:50	-1.2	7:10	5:05	
26	Sun	10:19	4.7	10:50	4.4	4:09	-0.7	4:34	-0.9	7:10	5:06	
27	Mon	11:10	4.3	11:41	4.2	4:57	-0.4	5:17	-0.6	7:09	5:07	
28	Tue			12:01	4.0	5:47	-0.1	6:02	-0.3	7:08	5:09	
29	Wed	12:32	4.0	12:52	3.6	6:43	0.2	6:53	0.1	7:07	5:10	
30	Thu	1:20	3.9	1:42	3.4	7:45	0.5	7:48	0.3	7:06	5:11	
31	Fri	2:09	3.7	2:34	3.2	8:48	0.5	8:46	0.4	7:05	5:12	