



## Highlands, NJ - Mar 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:44	5.2	8:10	5.0	1:39	-1.0	2:08	-1.2	6:28	5:47	☀
2	Wed	8:34	5.2	8:59	5.1	2:32	-1.2	2:56	-1.3	6:27	5:48	☀
3	Thu	9:25	5.0	9:51	5.1	3:23	-1.1	3:43	-1.2	6:25	5:49	☀
4	Fri	10:18	4.8	10:45	4.9	4:13	-1.0	4:29	-1.0	6:23	5:51	☀
5	Sat	11:14	4.5	11:41	4.7	5:04	-0.7	5:18	-0.7	6:22	5:52	☀
6	Sun			12:12	4.2	6:00	-0.3	6:11	-0.3	6:20	5:53	☀
7	Mon	12:38	4.4	1:09	3.9	7:03	0.0	7:13	0.1	6:19	5:54	☀
8	Tue	1:34	4.2	2:06	3.7	8:11	0.2	8:19	0.3	6:17	5:55	☀
9	Wed	2:31	4.0	3:05	3.6	9:16	0.3	9:23	0.4	6:16	5:56	☀
10	Thu	3:31	3.9	4:07	3.6	10:13	0.2	10:20	0.3	6:14	5:57	☀
11	Fri	4:32	3.9	5:04	3.7	11:03	0.1	11:10	0.2	6:12	5:58	☀
12	Sat	5:27	4.0	5:54	3.9	11:48	0.0	11:56	0.1	6:11	5:59	☀
13	Sun	7:13	4.1	7:37	4.1			1:30	-0.1	7:09	7:00	☀
14	Mon	7:53	4.2	8:17	4.3	1:40	0.0	2:10	-0.2	7:08	7:01	☀
15	Tue	8:31	4.3	8:54	4.4	2:23	-0.1	2:48	-0.2	7:06	7:02	☀
16	Wed	9:07	4.2	9:29	4.4	3:04	-0.2	3:25	-0.2	7:04	7:04	☀
17	Thu	9:42	4.1	10:03	4.3	3:43	-0.2	3:59	-0.1	7:03	7:05	☀
18	Fri	10:16	4.0	10:36	4.3	4:20	-0.1	4:31	0.0	7:01	7:06	☀
19	Sat	10:50	3.8	11:09	4.2	4:55	0.0	5:02	0.1	6:59	7:07	☀
20	Sun	11:25	3.7	11:45	4.1	5:30	0.1	5:31	0.3	6:58	7:08	☀
21	Mon			12:07	3.5	6:07	0.3	6:03	0.4	6:56	7:09	☀
22	Tue	12:29	4.0	12:58	3.5	6:52	0.4	6:46	0.6	6:54	7:10	☀
23	Wed	1:22	4.0	1:55	3.5	7:52	0.5	7:51	0.7	6:53	7:11	☀
24	Thu	2:21	4.1	2:55	3.5	9:05	0.5	9:16	0.6	6:51	7:12	☀
25	Fri	3:23	4.1	4:00	3.7	10:14	0.3	10:30	0.4	6:50	7:13	☀
26	Sat	4:31	4.3	5:09	4.0	11:14	0.0	11:34	0.0	6:48	7:14	☀
27	Sun	5:39	4.5	6:12	4.4			12:09	-0.3	6:46	7:15	☀
28	Mon	6:40	4.8	7:08	4.9	12:32	-0.3	1:01	-0.6	6:45	7:16	☀
29	Tue	7:34	5.1	7:59	5.2	1:28	-0.7	1:52	-0.9	6:43	7:17	☀
30	Wed	8:25	5.2	8:49	5.5	2:22	-0.9	2:42	-1.0	6:41	7:18	☀
31	Thu	9:15	5.2	9:38	5.5	3:16	-1.0	3:31	-1.0	6:40	7:19	☀