

































## Highlands, NJ - May 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	10:40	4.7	10:57	5.2	4:39	-0.6	4:44	-0.3	5:54	7:51	
2	Mon	11:35	4.5	11:49	4.9	5:27	-0.4	5:31	0.0	5:53	7:52	
3	Tue			12:31	4.3	6:15	-0.1	6:19	0.4	5:51	7:53	
4	Wed	12:44	4.6	1:26	4.1	7:07	0.2	7:13	0.7	5:50	7:54	
5	Thu	1:37	4.3	2:19	4.0	8:04	0.5	8:14	1.0	5:49	7:55	
6	Fri	2:29	4.1	3:09	4.0	9:02	0.6	9:18	1.0	5:48	7:56	
7	Sat	3:19	3.9	4:01	4.0	9:57	0.7	10:17	1.0	5:47	7:57	
8	Sun	4:12	3.8	4:53	4.1	10:46	0.6	11:10	0.8	5:46	7:58	
9	Mon	5:07	3.8	5:44	4.3	11:31	0.5	11:58	0.7	5:44	7:59	
10	Tue	6:00	3.9	6:31	4.5			12:13	0.5	5:43	8:00	
11	Wed	6:48	4.0	7:13	4.7	12:43	0.5	12:54	0.4	5:42	8:01	
12	Thu	7:31	4.1	7:51	4.8	1:27	0.3	1:34	0.3	5:41	8:02	
13	Fri	8:11	4.1	8:27	4.9	2:11	0.2	2:15	0.3	5:40	8:03	
14	Sat	8:49	4.1	9:02	5.0	2:54	0.1	2:56	0.3	5:39	8:04	
15	Sun	9:27	4.1	9:37	5.0	3:36	0.0	3:36	0.4	5:38	8:05	
16	Mon	10:06	4.1	10:15	4.9	4:17	0.0	4:14	0.4	5:38	8:06	
17	Tue	10:48	4.0	10:57	4.8	4:56	0.0	4:53	0.5	5:37	8:07	
18	Wed	11:37	4.0	11:48	4.8	5:37	0.1	5:35	0.5	5:36	8:08	
19	Thu			12:32	4.1	6:22	0.1	6:24	0.6	5:35	8:09	
20	Fri	12:45	4.7	1:29	4.2	7:13	0.2	7:27	0.7	5:34	8:10	
21	Sat	1:44	4.6	2:26	4.3	8:14	0.2	8:42	0.7	5:33	8:11	
22	Sun	2:43	4.5	3:23	4.6	9:17	0.2	9:54	0.6	5:33	8:12	
23	Mon	3:44	4.5	4:24	4.8	10:17	0.0	10:59	0.3	5:32	8:12	
24	Tue	4:49	4.5	5:26	5.1	11:14	-0.1	11:58	0.0	5:31	8:13	
25	Wed	5:53	4.6	6:24	5.3			12:08	-0.3	5:31	8:14	
26	Thu	6:52	4.7	7:18	5.6	12:54	-0.2	1:00	-0.4	5:30	8:15	
27	Fri	7:46	4.8	8:08	5.7	1:48	-0.4	1:52	-0.4	5:30	8:16	
28	Sat	8:38	4.8	8:56	5.6	2:41	-0.5	2:44	-0.3	5:29	8:17	
29	Sun	9:29	4.7	9:44	5.4	3:32	-0.5	3:34	-0.2	5:28	8:17	
30	Mon	10:20	4.6	10:33	5.2	4:20	-0.4	4:22	0.0	5:28	8:18	
31	Tue	11:12	4.5	11:22	4.9	5:06	-0.3	5:07	0.3	5:28	8:19	