US HARBORS www.USHarbors.com

Highlands, NJ - Jul 2040

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:14	4.6	2:53	4.6	8:34	0.1	9:14	0.8	5:30	8:30	
2	Mon	3:07	4.3	3:44	4.6	9:30	0.3	10:16	0.8	5:30	8:29	
3	Tue	4:00	4.1	4:37	4.6	10:21	0.4	11:13	0.7	5:31	8:29	
4	Wed	4:57	3.9	5:30	4.7	11:10	0.5			5:31	8:29	
5	Thu	5:54	3.8	6:19	4.7	12:03	0.6	11:55 AM	0.5	5:32	8:29	
6	Fri	6:46	3.9	7:05	4.8	12:50	0.5	12:39	0.6	5:32	8:28	
7	Sat	7:33	3.9	7:46	4.8	1:36	0.4	1:22	0.6	5:33	8:28	
8	Sun	8:17	4.0	8:25	4.9	2:20	0.4	2:06	0.6	5:34	8:28	
9	Mon	8:59	4.0	9:03	4.8	3:03	0.3	2:50	0.6	5:34	8:27	
10	Tue	9:40	4.0	9:40	4.7	3:44	0.3	3:33	0.7	5:35	8:27	
11	Wed	10:22	3.9	10:16	4.6	4:22	0.3	4:13	0.7	5:36	8:26	
12	Thu	11:03	3.9	10:52	4.5	4:58	0.3	4:50	0.8	5:37	8:26	
13	Fri	11:45	3.9	11:30	4.4	5:32	0.4	5:27	0.9	5:37	8:25	
14	Sat			12:27	3.9	6:05	0.5	6:06	1.0	5:38	8:25	
15	Sun	12:12	4.2	1:10	4.0	6:39	0.6	6:53	1.1	5:39	8:24	
16	Mon	12:59	4.1	1:53	4.2	7:20	0.6	7:52	1.1	5:40	8:24	
17	Tue	1:49	4.0	2:39	4.4	8:10	0.7	9:03	1.0	5:40	8:23	
18	Wed	2:43	3.9	3:30	4.6	9:09	0.6	10:12	0.9	5:41	8:22	
19	Thu	3:43	3.9	4:29	4.9	10:12	0.5	11:16	0.6	5:42	8:22	
20	Fri	4:52	3.9	5:33	5.1	11:13	0.4			5:43	8:21	
21	Sat	6:02	4.0	6:34	5.4	12:14	0.3	12:12	0.2	5:44	8:20	
22	Sun	7:05	4.3	7:31	5.6	1:11	0.0	1:10	0.0	5:45	8:19	
23	Mon	8:02	4.5	8:25	5.8	2:07	-0.3	2:09	-0.1	5:46	8:18	
24	Tue	8:57	4.7	9:18	5.8	3:01	-0.5	3:07	-0.2	5:46	8:18	
25	Wed	9:51	4.8	10:11	5.7	3:53	-0.6	4:02	-0.2	5:47	8:17	
26	Thu	10:47	4.9	11:05	5.4	4:42	-0.6	4:54	-0.1	5:48	8:16	
27	Fri	11:42	4.9			5:28	-0.5	5:46	0.1	5:49	8:15	
28	Sat	12:00	5.1	12:38	4.8	6:15	-0.3	6:40	0.4	5:50	8:14	
29	Sun	12:54	4.8	1:31	4.8	7:04	0.0	7:39	0.6	5:51	8:13	
30	Mon	1:47	4.5	2:21	4.7	7:55	0.3	8:42	0.8	5:52	8:12	
31	Tue	2:38	4.2	3:10	4.6	8:49	0.5	9:46	0.9	5:53	8:11	