

































Highlands, NJ - Mar 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:29	3.3	11:57	3.8	5:18	0.3	5:17	0.4	6:29	5:47	
2	Mon			12:15	3.1	6:02	0.6	5:52	0.6	6:27	5:48	
3	Tue	12:41	3.6	1:03	3.0	6:59	0.8	6:42	0.8	6:26	5:49	
4	Wed	1:28	3.6	1:57	2.9	8:10	0.8	7:59	0.9	6:24	5:50	
5	Thu	2:22	3.6	2:58	2.9	9:18	0.7	9:14	0.9	6:23	5:51	
6	Fri	3:25	3.7	4:06	3.0	10:18	0.5	10:17	0.6	6:21	5:52	
7	Sat	4:31	3.9	5:08	3.3	11:09	0.2	11:12	0.3	6:19	5:53	
8	Sun	6:29	4.2	6:59	3.7			12:56	-0.1	7:18	6:54	
9	Mon	7:18	4.5	7:43	4.1	1:03	0.0	1:42	-0.4	7:16	6:56	
10	Tue	8:03	4.8	8:26	4.5	1:53	-0.3	2:26	-0.6	7:15	6:57	
11	Wed	8:46	4.9	9:09	4.8	2:43	-0.6	3:10	-0.8	7:13	6:58	
12	Thu	9:31	4.8	9:53	4.9	3:32	-0.7	3:52	-0.9	7:11	6:59	
13	Fri	10:18	4.7	10:41	5.0	4:20	-0.8	4:34	-0.9	7:10	7:00	
14	Sat	11:09	4.4	11:32	4.9	5:08	-0.7	5:17	-0.7	7:08	7:01	
15	Sun			12:04	4.1	5:59	-0.4	6:03	-0.4	7:07	7:02	
16	Mon	12:28	4.7	1:04	3.9	6:55	-0.1	6:56	0.0	7:05	7:03	
17	Tue	1:28	4.5	2:06	3.6	8:03	0.2	8:02	0.3	7:03	7:04	
18	Wed	2:29	4.3	3:08	3.5	9:17	0.3	9:18	0.5	7:02	7:05	
19	Thu	3:33	4.1	4:15	3.5	10:27	0.3	10:30	0.5	7:00	7:06	
20	Fri	4:41	4.0	5:23	3.6	11:28	0.2	11:32	0.4	6:58	7:07	
21	Sat	5:48	4.1	6:23	3.8			12:20	0.0	6:57	7:08	
22	Sun	6:44	4.2	7:13	4.1	12:26	0.2	1:06	-0.1	6:55	7:09	
23	Mon	7:30	4.3	7:55	4.3	1:15	0.1	1:48	-0.2	6:53	7:10	
24	Tue	8:10	4.4	8:34	4.5	2:00	-0.1	2:27	-0.2	6:52	7:11	
25	Wed	8:48	4.3	9:10	4.6	2:43	-0.1	3:04	-0.2	6:50	7:13	
26	Thu	9:24	4.2	9:45	4.6	3:24	-0.2	3:38	-0.1	6:49	7:14	
27	Fri	10:00	4.1	10:19	4.5	4:02	-0.1	4:11	0.0	6:47	7:15	
28	Sat	10:36	3.8	10:53	4.3	4:38	0.0	4:41	0.2	6:45	7:16	
29	Sun	11:13	3.6	11:28	4.2	5:13	0.1	5:10	0.4	6:44	7:17	
30	Mon	11:53	3.4			5:49	0.3	5:39	0.6	6:42	7:18	
31	Tue	12:06	4.0	12:39	3.2	6:28	0.6	6:11	0.8	6:40	7:19	