

































Highlands, NJ - May 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:09	4.1	2:00	3.4	7:48	0.8	7:36	1.2	5:54	7:51	
2	Sat	2:07	4.1	2:54	3.6	8:54	0.8	9:02	1.2	5:53	7:52	
3	Sun	3:06	4.1	3:50	3.8	9:55	0.6	10:16	0.9	5:52	7:53	
4	Mon	4:08	4.2	4:50	4.2	10:50	0.3	11:19	0.6	5:51	7:54	
5	Tue	5:13	4.3	5:49	4.7	11:40	0.1			5:49	7:55	
6	Wed	6:14	4.5	6:42	5.1	12:15	0.2	12:28	-0.2	5:48	7:56	
7	Thu	7:09	4.6	7:32	5.5	1:10	-0.2	1:17	-0.4	5:47	7:57	
8	Fri	8:00	4.7	8:21	5.7	2:04	-0.4	2:07	-0.5	5:46	7:58	
9	Sat	8:52	4.7	9:10	5.8	2:58	-0.6	2:59	-0.4	5:45	7:59	
10	Sun	9:45	4.6	10:01	5.6	3:51	-0.6	3:50	-0.3	5:44	8:00	
11	Mon	10:41	4.5	10:56	5.4	4:43	-0.5	4:41	-0.1	5:43	8:01	
12	Tue	11:40	4.3	11:55	5.0	5:34	-0.3	5:33	0.1	5:42	8:02	
13	Wed			12:42	4.2	6:28	-0.1	6:28	0.5	5:41	8:03	
14	Thu	12:56	4.7	1:43	4.1	7:27	0.2	7:31	0.8	5:40	8:04	
15	Fri	1:55	4.5	2:39	4.1	8:30	0.4	8:41	1.0	5:39	8:05	
16	Sat	2:50	4.3	3:34	4.1	9:30	0.5	9:48	1.0	5:38	8:06	
17	Sun	3:45	4.1	4:27	4.2	10:24	0.5	10:47	0.9	5:37	8:07	
18	Mon	4:40	3.9	5:20	4.3	11:10	0.5	11:38	0.8	5:36	8:08	
19	Tue	5:35	3.9	6:08	4.5	11:52	0.5			5:35	8:09	
20	Wed	6:25	3.9	6:51	4.7	12:24	0.6	12:31	0.5	5:35	8:09	
21	Thu	7:09	3.9	7:30	4.8	1:07	0.5	1:09	0.5	5:34	8:10	
22	Fri	7:51	3.9	8:07	4.9	1:50	0.4	1:48	0.5	5:33	8:11	
23	Sat	8:30	3.9	8:42	4.9	2:33	0.3	2:27	0.6	5:32	8:12	
24	Sun	9:08	3.9	9:17	4.8	3:15	0.2	3:07	0.6	5:32	8:13	
25	Mon	9:47	3.8	9:51	4.7	3:55	0.2	3:45	0.7	5:31	8:14	
26	Tue	10:26	3.7	10:26	4.6	4:34	0.3	4:21	0.8	5:30	8:15	
27	Wed	11:08	3.6	11:06	4.5	5:11	0.4	4:57	0.9	5:30	8:15	
28	Thu	11:54	3.6	11:52	4.4	5:49	0.5	5:34	1.0	5:29	8:16	
29	Fri			12:45	3.6	6:30	0.5	6:19	1.1	5:29	8:17	
30	Sat	12:46	4.4	1:36	3.8	7:18	0.6	7:18	1.1	5:28	8:18	
31	Sun	1:41	4.3	2:27	4.0	8:14	0.6	8:35	1.1	5:28	8:19	