
































Highlands, NJ - Jun 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:37	4.3	3:20	4.3	9:12	0.5	9:49	0.9	5:27	8:19	
2	Tue	3:35	4.3	4:16	4.6	10:09	0.3	10:55	0.6	5:27	8:20	
3	Wed	4:38	4.2	5:16	5.0	11:03	0.1	11:54	0.3	5:27	8:21	
4	Thu	5:44	4.3	6:15	5.3	11:56	-0.1			5:26	8:21	
5	Fri	6:45	4.4	7:10	5.6	12:51	0.0	12:49	-0.2	5:26	8:22	
6	Sat	7:41	4.5	8:02	5.7	1:47	-0.2	1:43	-0.2	5:26	8:23	
7	Sun	8:36	4.5	8:54	5.7	2:43	-0.4	2:38	-0.2	5:25	8:23	
8	Mon	9:31	4.5	9:46	5.6	3:37	-0.4	3:34	-0.1	5:25	8:24	
9	Tue	10:27	4.5	10:41	5.3	4:29	-0.4	4:27	0.0	5:25	8:24	
10	Wed	11:25	4.4	11:37	5.0	5:18	-0.3	5:18	0.3	5:25	8:25	
11	Thu			12:24	4.3	6:08	-0.1	6:10	0.5	5:25	8:26	
12	Fri	12:34	4.8	1:20	4.3	6:59	0.1	7:07	0.8	5:25	8:26	
13	Sat	1:28	4.5	2:12	4.3	7:53	0.3	8:09	1.0	5:25	8:26	
14	Sun	2:19	4.2	3:01	4.3	8:46	0.5	9:12	1.1	5:25	8:27	
15	Mon	3:07	4.0	3:49	4.3	9:37	0.6	10:11	1.0	5:25	8:27	
16	Tue	3:57	3.8	4:37	4.4	10:24	0.7	11:04	0.9	5:25	8:28	
17	Wed	4:50	3.7	5:27	4.5	11:08	0.7	11:52	0.8	5:25	8:28	
18	Thu	5:45	3.6	6:14	4.6	11:50	0.7			5:25	8:28	
19	Fri	6:36	3.7	6:58	4.7	12:38	0.7	12:32	0.7	5:25	8:29	
20	Sat	7:22	3.7	7:38	4.8	1:22	0.5	1:14	0.7	5:25	8:29	
21	Sun	8:05	3.8	8:17	4.9	2:07	0.4	1:57	0.7	5:26	8:29	
22	Mon	8:46	3.8	8:54	4.9	2:51	0.3	2:41	0.7	5:26	8:29	
23	Tue	9:26	3.8	9:31	4.9	3:34	0.3	3:24	0.7	5:26	8:29	
24	Wed	10:06	3.8	10:08	4.8	4:14	0.2	4:05	0.7	5:26	8:30	
25	Thu	10:47	3.8	10:49	4.7	4:52	0.2	4:44	0.8	5:27	8:30	
26	Fri	11:32	3.9	11:34	4.6	5:29	0.2	5:24	0.8	5:27	8:30	
27	Sat			12:20	4.0	6:08	0.3	6:09	0.9	5:27	8:30	
28	Sun	12:25	4.5	1:10	4.2	6:49	0.3	7:04	0.9	5:28	8:30	
29	Mon	1:18	4.4	2:01	4.4	7:38	0.3	8:13	0.9	5:28	8:30	
30	Tue	2:13	4.3	2:53	4.7	8:33	0.3	9:26	0.8	5:29	8:30	