

































Highlands, NJ - Jul 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:28	4.6	2:11	4.7	7:48	0.1	8:17	0.8	5:30	8:30	
2	Sat	2:20	4.3	3:00	4.6	8:42	0.3	9:20	0.9	5:30	8:29	
3	Sun	3:10	4.0	3:49	4.6	9:35	0.5	10:20	0.9	5:31	8:29	
4	Mon	4:02	3.8	4:40	4.6	10:25	0.7	11:14	0.8	5:31	8:29	
5	Tue	4:59	3.6	5:33	4.6	11:13	0.7			5:32	8:29	
6	Wed	5:57	3.6	6:23	4.7	12:04	0.7	11:58 AM	0.8	5:32	8:28	
7	Thu	6:49	3.6	7:09	4.7	12:50	0.6	12:43	0.8	5:33	8:28	
8	Fri	7:36	3.7	7:51	4.8	1:35	0.5	1:27	0.8	5:34	8:28	
9	Sat	8:19	3.8	8:30	4.8	2:20	0.4	2:12	0.7	5:34	8:27	
10	Sun	9:00	3.9	9:08	4.8	3:03	0.3	2:57	0.7	5:35	8:27	
11	Mon	9:39	3.9	9:45	4.7	3:43	0.3	3:39	0.7	5:36	8:26	
12	Tue	10:18	3.9	10:20	4.6	4:20	0.3	4:17	0.8	5:37	8:26	
13	Wed	10:56	3.9	10:56	4.5	4:55	0.3	4:54	0.8	5:37	8:25	
14	Thu	11:35	4.0	11:35	4.4	5:27	0.3	5:31	0.9	5:38	8:25	
15	Fri			12:16	4.1	6:00	0.4	6:11	1.0	5:39	8:24	
16	Sat	12:20	4.2	1:00	4.3	6:35	0.4	7:01	1.0	5:40	8:24	
17	Sun	1:09	4.1	1:47	4.4	7:16	0.5	8:07	1.1	5:40	8:23	
18	Mon	2:03	4.0	2:38	4.6	8:10	0.5	9:22	1.0	5:41	8:22	
19	Tue	3:00	3.9	3:34	4.8	9:14	0.5	10:32	0.8	5:42	8:22	
20	Wed	4:05	3.8	4:38	5.0	10:21	0.5	11:36	0.5	5:43	8:21	
21	Thu	5:17	3.9	5:47	5.2	11:25	0.3			5:44	8:20	
22	Fri	6:26	4.1	6:50	5.4	12:35	0.2	12:26	0.1	5:45	8:19	
23	Sat	7:27	4.4	7:47	5.6	1:31	0.0	1:26	0.0	5:46	8:18	
24	Sun	8:22	4.6	8:40	5.7	2:26	-0.3	2:25	-0.1	5:46	8:18	
25	Mon	9:16	4.8	9:32	5.6	3:19	-0.5	3:21	-0.2	5:47	8:17	
26	Tue	10:09	4.9	10:23	5.4	4:08	-0.6	4:14	-0.2	5:48	8:16	
27	Wed	11:02	4.9	11:14	5.1	4:53	-0.5	5:04	0.0	5:49	8:15	
28	Thu	11:55	4.9			5:37	-0.4	5:54	0.2	5:50	8:14	
29	Fri	12:06	4.8	12:47	4.8	6:21	-0.1	6:45	0.5	5:51	8:13	
30	Sat	12:58	4.5	1:37	4.7	7:07	0.2	7:41	0.8	5:52	8:12	
31	Sun	1:48	4.1	2:24	4.6	7:56	0.6	8:43	1.0	5:53	8:11	