US HARBORS www.USHarbors.com

Highlands, NJ - Jan 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:40	4.8	6:16	3.8			12:22	-0.4	7:18	4:40	
2	Mon	6:35	5.1	7:09	4.0	12:15	-0.5	1:17	-0.7	7:18	4:41	
3	Tue	7:28	5.3	8:02	4.2	1:11	-0.7	2:10	-0.9	7:18	4:42	
4	Wed	8:19	5.3	8:55	4.3	2:07	-0.8	3:00	-1.0	7:18	4:43	
5	Thu	9:12	5.2	9:50	4.4	3:01	-0.8	3:48	-1.1	7:18	4:44	
6	Fri	10:05	5.0	10:46	4.4	3:53	-0.7	4:35	-1.0	7:18	4:45	
7	Sat	11:00	4.7	11:42	4.4	4:45	-0.5	5:22	-0.8	7:18	4:46	
8	Sun	11:55	4.3			5:39	-0.2	6:13	-0.5	7:18	4:47	
9	Mon	12:37	4.3	12:49	4.0	6:39	0.1	7:07	-0.2	7:18	4:48	
10	Tue	1:29	4.2	1:42	3.6	7:45	0.3	8:04	0.0	7:18	4:49	
11	Wed	2:21	4.1	2:36	3.4	8:51	0.4	9:01	0.2	7:17	4:50	
12	Thu	3:14	4.0	3:35	3.2	9:51	0.4	9:55	0.3	7:17	4:51	
13	Fri	4:11	4.0	4:36	3.1	10:45	0.3	10:45	0.3	7:17	4:52	
14	Sat	5:07	4.0	5:33	3.2	11:34	0.2	11:32	0.3	7:16	4:53	
15	Sun	5:56	4.1	6:22	3.3			12:20	0.1	7:16	4:54	
16	Mon	6:40	4.2	7:05	3.4	12:17	0.2	1:04	-0.1	7:16	4:55	
17	Tue	7:21	4.3	7:45	3.5	1:02	0.1	1:46	-0.2	7:15	4:56	
18	Wed	7:59	4.3	8:24	3.6	1:45	0.1	2:26	-0.2	7:15	4:57	
19	Thu	8:35	4.2	9:01	3.6	2:27	0.1	3:03	-0.3	7:14	4:59	
20	Fri	9:09	4.1	9:37	3.6	3:05	0.1	3:36	-0.3	7:13	5:00	
21	Sat	9:43	4.0	10:11	3.6	3:41	0.1	4:08	-0.2	7:13	5:01	
22	Sun	10:18	3.8	10:47	3.6	4:15	0.2	4:37	-0.1	7:12	5:02	
23	Mon	10:56	3.6	11:27	3.7	4:50	0.3	5:08	0.0	7:11	5:03	
24	Tue	11:41	3.5			5:31	0.4	5:43	0.1	7:11	5:04	
25	Wed	12:12	3.8	12:32	3.3	6:26	0.6	6:29	0.2	7:10	5:06	
26	Thu	1:02	3.9	1:29	3.2	7:41	0.6	7:33	0.2	7:09	5:07	
27	Fri	1:58	4.0	2:32	3.1	8:59	0.5	8:48	0.2	7:08	5:08	
28	Sat	3:03	4.1	3:45	3.2	10:08	0.2	9:58	0.0	7:08	5:09	
29	Sun	4:15	4.3	4:58	3.4	11:08	-0.1	11:02	-0.3	7:07	5:10	
30	Mon	5:23	4.6	6:00	3.8			12:04	-0.5	7:06	5:12	
31	Tue	6:22	4.9	6:55	4.1	12:01	-0.6	12:58	-0.8	7:05	5:13	