US HARBORS www.USHarbors.com

Highlands, NJ - Mar 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:07	4.8	6:39	4.4			12:36	-0.7	6:28	5:47	
2	Thu	6:59	5.0	7:29	4.8	12:46	-0.7	1:25	-1.0	6:26	5:48	
3	Fri	7:47	5.0	8:16	5.0	1:40	-0.9	2:13	-1.1	6:25	5:50	
4	Sat	8:34	4.9	9:03	5.0	2:31	-1.0	2:57	-1.1	6:23	5:51	
5	Sun	9:21	4.7	9:50	4.9	3:19	-0.9	3:39	-0.9	6:22	5:52	
6	Mon	10:09	4.4	10:38	4.7	4:05	-0.7	4:20	-0.6	6:20	5:53	
7	Tue	10:59	4.0	11:27	4.4	4:50	-0.4	5:00	-0.2	6:19	5:54	
8	Wed	11:50	3.6			5:37	0.0	5:43	0.2	6:17	5:55	
9	Thu	12:17	4.1	12:43	3.4	6:31	0.4	6:35	0.6	6:15	5:56	
10	Fri	1:08	3.9	1:37	3.1	7:35	0.6	7:39	0.9	6:14	5:57	
11	Sat	2:01	3.7	2:33	3.0	8:42	0.7	8:48	0.9	6:12	5:58	
12	Sun	3:58	3.6	4:34	3.0	10:42	0.7	10:50	0.9	7:11	6:59	
13	Mon	5:00	3.6	5:36	3.2	11:35	0.6	11:44	0.7	7:09	7:00	
14	Tue	5:59	3.7	6:30	3.4			12:20	0.4	7:07	7:01	
15	Wed	6:48	3.9	7:14	3.7	12:31	0.5	1:02	0.2	7:06	7:03	
16	Thu	7:30	4.1	7:52	4.0	1:16	0.3	1:41	0.0	7:04	7:04	
17	Fri	8:07	4.2	8:27	4.2	1:59	0.1	2:19	-0.1	7:02	7:05	
18	Sat	8:43	4.2	8:59	4.3	2:41	0.0	2:56	-0.2	7:01	7:06	
19	Sun	9:17	4.2	9:30	4.5	3:21	-0.1	3:31	-0.2	6:59	7:07	
20	Mon	9:52	4.1	10:02	4.5	4:00	-0.2	4:05	-0.2	6:58	7:08	
21	Tue	10:28	4.0	10:37	4.5	4:38	-0.1	4:38	-0.1	6:56	7:09	
22	Wed	11:10	3.8	11:20	4.5	5:17	0.0	5:12	0.0	6:54	7:10	
23	Thu			12:00	3.6	6:00	0.1	5:51	0.2	6:53	7:11	
24	Fri	12:13	4.4	1:00	3.5	6:52	0.3	6:41	0.3	6:51	7:12	
25	Sat	1:15	4.3	2:04	3.4	8:02	0.5	7:52	0.5	6:49	7:13	
26	Sun	2:21	4.3	3:09	3.5	9:19	0.5	9:18	0.5	6:48	7:14	
27	Mon	3:29	4.3	4:17	3.7	10:28	0.3	10:34	0.3	6:46	7:15	
28	Tue	4:40	4.3	5:26	4.0	11:28	0.0	11:39	0.0	6:44	7:16	
29	Wed	5:48	4.5	6:27	4.4			12:20	-0.3	6:43	7:17	
30	Thu	6:47	4.7	7:19	4.8	12:36	-0.3	1:10	-0.5	6:41	7:18	
31	Fri	7:38	4.8	8:07	5.1	1:31	-0.5	1:57	-0.7	6:40	7:19	