US HARBORS www.USHarbors.com

Highlands, NJ - Jul 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:17	3.9	10:24	4.6	4:17	0.2	4:15	0.8	5:29	8:30	
2	Sun	11:00	3.9	11:04	4.5	4:53	0.3	4:54	0.9	5:30	8:29	
3	Mon	11:43	3.9	11:44	4.3	5:28	0.4	5:31	1.0	5:31	8:29	
4	Tue			12:26	3.9	6:01	0.5	6:10	1.1	5:31	8:29	
5	Wed	12:25	4.1	1:08	4.0	6:36	0.6	6:54	1.2	5:32	8:29	
6	Thu	1:08	3.9	1:48	4.1	7:13	0.7	7:50	1.3	5:32	8:28	
7	Fri	1:53	3.8	2:28	4.2	7:58	0.7	8:57	1.3	5:33	8:28	
8	Sat	2:41	3.7	3:13	4.4	8:52	0.8	10:04	1.1	5:34	8:28	
9	Sun	3:35	3.6	4:06	4.6	9:51	0.7	11:06	0.9	5:34	8:27	
10	Mon	4:39	3.6	5:07	4.8	10:50	0.6			5:35	8:27	
11	Tue	5:47	3.7	6:09	5.1	12:02	0.6	11:48 AM	0.4	5:36	8:27	
12	Wed	6:49	4.0	7:06	5.3	12:57	0.3	12:44	0.3	5:36	8:26	
13	Thu	7:44	4.2	8:00	5.6	1:51	0.0	1:42	0.1	5:37	8:26	
14	Fri	8:37	4.5	8:52	5.7	2:44	-0.3	2:39	-0.1	5:38	8:25	
15	Sat	9:30	4.7	9:44	5.7	3:35	-0.5	3:35	-0.2	5:39	8:24	
16	Sun	10:24	4.9	10:37	5.5	4:23	-0.6	4:29	-0.2	5:39	8:24	
17	Mon	11:19	4.9	11:31	5.2	5:10	-0.6	5:21	-0.1	5:40	8:23	
18	Tue			12:15	5.0	5:56	-0.5	6:14	0.1	5:41	8:22	
19	Wed	12:27	4.9	1:10	5.0	6:44	-0.3	7:12	0.4	5:42	8:22	
20	Thu	1:22	4.6	2:03	4.9	7:36	0.0	8:16	0.6	5:43	8:21	
21	Fri	2:16	4.3	2:55	4.9	8:32	0.3	9:22	0.7	5:44	8:20	
22	Sat	3:10	4.0	3:47	4.8	9:31	0.5	10:25	0.8	5:44	8:19	
23	Sun	4:07	3.8	4:43	4.7	10:27	0.7	11:23	0.7	5:45	8:19	
24	Mon	5:09	3.7	5:41	4.6	11:21	0.7			5:46	8:18	
25	Tue	6:09	3.7	6:34	4.7	12:14	0.6	12:11	0.8	5:47	8:17	
26	Wed	7:02	3.8	7:21	4.8	1:02	0.6	12:58	0.7	5:48	8:16	
27	Thu	7:48	3.9	8:03	4.8	1:47	0.5	1:44	0.7	5:49	8:15	
28	Fri	8:30	4.0	8:43	4.8	2:30	0.4	2:29	0.7	5:50	8:14	
29	Sat	9:10	4.1	9:20	4.8	3:10	0.3	3:12	0.7	5:51	8:13	
30	Sun	9:49	4.2	9:57	4.7	3:48	0.2	3:53	0.7	5:52	8:12	
31	Mon	10:26	4.2	10:32	4.5	4:23	0.2	4:30	0.7	5:53	8:11	