US HARBORS www.USHarbors.com

Highlands, NJ - Aug 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:02	4.2	11:07	4.3	4:55	0.3	5:06	0.8	5:54	8:10	
2	Wed	11:38	4.2	11:43	4.1	5:25	0.4	5:41	0.9	5:55	8:09	
3	Thu			12:15	4.2	5:54	0.5	6:20	1.1	5:55	8:08	
4	Fri	12:25	4.0	12:56	4.3	6:25	0.6	7:07	1.2	5:56	8:07	
5	Sat	1:13	3.8	1:41	4.4	7:05	0.7	8:13	1.2	5:57	8:05	
6	Sun	2:05	3.7	2:32	4.5	7:59	0.8	9:29	1.2	5:58	8:04	
7	Mon	3:04	3.6	3:30	4.6	9:10	0.8	10:39	0.9	5:59	8:03	
8	Tue	4:10	3.6	4:38	4.8	10:22	0.7	11:40	0.6	6:00	8:02	
9	Wed	5:23	3.8	5:48	5.1	11:28	0.5			6:01	8:01	
10	Thu	6:29	4.1	6:50	5.4	12:36	0.3	12:29	0.2	6:02	7:59	
11	Fri	7:26	4.5	7:44	5.6	1:29	0.0	1:28	0.0	6:03	7:58	
12	Sat	8:19	4.9	8:36	5.7	2:21	-0.3	2:25	-0.2	6:04	7:57	
13	Sun	9:10	5.1	9:26	5.7	3:11	-0.6	3:20	-0.4	6:05	7:55	
14	Mon	10:01	5.3	10:16	5.5	3:58	-0.7	4:13	-0.4	6:06	7:54	
15	Tue	10:53	5.3	11:08	5.2	4:43	-0.6	5:03	-0.2	6:07	7:53	
16	Wed	11:46	5.3			5:28	-0.4	5:54	0.0	6:08	7:51	
17	Thu	12:02	4.8	12:40	5.1	6:13	-0.1	6:48	0.4	6:09	7:50	
18	Fri	12:57	4.4	1:33	4.9	7:02	0.3	7:48	0.7	6:10	7:48	
19	Sat	1:52	4.1	2:26	4.8	7:57	0.6	8:53	0.9	6:11	7:47	
20	Sun	2:47	3.9	3:18	4.6	8:58	0.9	9:59	1.0	6:12	7:46	
21	Mon	3:43	3.7	4:15	4.4	10:01	1.0	10:58	0.9	6:13	7:44	
22	Tue	4:44	3.6	5:14	4.4	10:59	1.1	11:50	0.8	6:14	7:43	
23	Wed	5:46	3.7	6:10	4.5	11:50	1.0			6:15	7:41	
24	Thu	6:40	3.8	6:58	4.6	12:36	0.7	12:37	0.9	6:16	7:40	
25	Fri	7:25	4.1	7:40	4.7	1:18	0.6	1:22	0.8	6:17	7:38	
26	Sat	8:05	4.2	8:18	4.8	1:58	0.4	2:06	0.7	6:18	7:37	
27	Sun	8:42	4.4	8:54	4.8	2:37	0.3	2:48	0.6	6:19	7:35	
28	Mon	9:17	4.5	9:28	4.7	3:14	0.3	3:28	0.6	6:20	7:33	
29	Tue	9:49	4.5	10:01	4.5	3:48	0.3	4:06	0.6	6:21	7:32	
30	Wed	10:20	4.5	10:33	4.3	4:20	0.3	4:42	0.7	6:22	7:30	
31	Thu	10:52	4.5	11:09	4.1	4:49	0.4	5:17	0.8	6:23	7:29	