US HARBORS www.USHarbors.com

Highlands, NJ - Jul 2051

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	2:05	4.6	2:43	4.8	8:24	0.1	9:14	0.6	5:29	8:30	
2	Sun	3:03	4.4	3:40	5.0	9:26	0.1	10:21	0.5	5:30	8:29	
3	Mon	4:04	4.3	4:41	5.1	10:27	0.1	11:23	0.3	5:30	8:29	
4	Tue	5:10	4.3	5:43	5.2	11:25	0.0			5:31	8:29	
5	Wed	6:14	4.4	6:41	5.3	12:20	0.1	12:20	0.0	5:31	8:29	
6	Thu	7:12	4.5	7:34	5.4	1:14	-0.1	1:14	-0.1	5:32	8:29	
7	Fri	8:04	4.6	8:22	5.4	2:07	-0.2	2:07	0.0	5:33	8:28	
8	Sat	8:54	4.6	9:09	5.3	2:57	-0.3	2:58	0.0	5:33	8:28	
9	Sun	9:43	4.6	9:54	5.2	3:44	-0.3	3:46	0.1	5:34	8:28	
10	Mon	10:31	4.6	10:39	4.9	4:27	-0.2	4:31	0.3	5:35	8:27	
11	Tue	11:18	4.5	11:25	4.7	5:08	-0.1	5:13	0.4	5:35	8:27	
12	Wed			12:06	4.4	5:47	0.1	5:56	0.7	5:36	8:26	
13	Thu	12:11	4.4	12:54	4.3	6:25	0.4	6:41	0.9	5:37	8:26	
14	Fri	12:58	4.2	1:40	4.3	7:06	0.6	7:32	1.1	5:38	8:25	
15	Sat	1:44	3.9	2:24	4.2	7:52	0.8	8:30	1.2	5:38	8:25	
16	Sun	2:29	3.8	3:09	4.3	8:43	0.9	9:31	1.2	5:39	8:24	
17	Mon	3:17	3.7	3:56	4.3	9:37	0.9	10:29	1.1	5:40	8:23	
18	Tue	4:10	3.6	4:48	4.4	10:31	0.9	11:22	0.9	5:41	8:23	
19	Wed	5:09	3.6	5:41	4.5	11:22	0.8			5:42	8:22	
20	Thu	6:06	3.7	6:31	4.8	12:12	0.7	12:10	0.7	5:42	8:21	
21	Fri	6:57	3.9	7:17	5.0	12:59	0.4	12:58	0.5	5:43	8:21	
22	Sat	7:43	4.2	8:00	5.2	1:46	0.2	1:46	0.4	5:44	8:20	
23	Sun	8:27	4.4	8:42	5.3	2:32	0.0	2:35	0.2	5:45	8:19	
24	Mon	9:11	4.6	9:26	5.4	3:18	-0.2	3:24	0.1	5:46	8:18	
25	Tue	9:56	4.7	10:12	5.3	4:01	-0.4	4:12	0.0	5:47	8:17	
26	Wed	10:45	4.8	11:02	5.2	4:44	-0.4	4:59	0.0	5:48	8:16	
27	Thu	11:37	4.9	11:56	5.0	5:27	-0.4	5:49	0.1	5:49	8:16	
28	Fri			12:33	4.9	6:12	-0.3	6:44	0.3	5:49	8:15	
29	Sat	12:54	4.7	1:30	5.0	7:03	-0.1	7:48	0.5	5:50	8:14	
30	Sun	1:51	4.5	2:26	5.0	8:02	0.1	8:58	0.6	5:51	8:13	
31	Mon	2:50	4.4	3:23	5.0	9:06	0.2	10:06	0.5	5:52	8:12	