

































## Highlands, NJ - Jan 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:25	4.6	4:58	4.0	11:06	-0.3	11:10	-0.6	7:18	4:40	
2	Thu	5:27	5.0	5:59	4.2			12:02	-0.6	7:18	4:41	
3	Fri	6:23	5.2	6:54	4.4	12:05	-0.8	12:58	-0.9	7:18	4:42	
4	Sat	7:16	5.4	7:47	4.6	1:01	-0.9	1:51	-1.1	7:18	4:43	
5	Sun	8:07	5.4	8:40	4.6	1:56	-1.0	2:43	-1.2	7:18	4:44	
6	Mon	8:58	5.3	9:34	4.5	2:49	-1.0	3:32	-1.2	7:18	4:45	
7	Tue	9:51	5.0	10:29	4.4	3:39	-0.8	4:19	-1.0	7:18	4:46	
8	Wed	10:44	4.7	11:24	4.3	4:29	-0.6	5:06	-0.8	7:18	4:47	
9	Thu	11:37	4.4			5:19	-0.3	5:55	-0.5	7:18	4:48	
10	Fri	12:17	4.2	12:30	4.0	6:14	0.1	6:48	-0.2	7:18	4:49	
11	Sat	1:09	4.0	1:21	3.7	7:14	0.3	7:43	0.1	7:17	4:50	
12	Sun	1:59	3.9	2:12	3.5	8:17	0.5	8:38	0.2	7:17	4:51	
13	Mon	2:49	3.9	3:05	3.3	9:17	0.5	9:30	0.3	7:17	4:52	
14	Tue	3:42	3.9	4:02	3.2	10:11	0.4	10:19	0.2	7:16	4:53	
15	Wed	4:36	3.9	4:58	3.3	11:00	0.2	11:05	0.2	7:16	4:54	
16	Thu	5:26	4.1	5:49	3.4	11:46	0.1	11:50	0.1	7:15	4:55	
17	Fri	6:12	4.2	6:34	3.5			12:30	-0.1	7:15	4:56	
18	Sat	6:53	4.3	7:15	3.6	12:33	0.0	1:13	-0.2	7:14	4:57	
19	Sun	7:31	4.4	7:53	3.7	1:17	-0.1	1:55	-0.4	7:14	4:59	
20	Mon	8:07	4.4	8:30	3.7	1:59	-0.1	2:35	-0.4	7:13	5:00	
21	Tue	8:42	4.4	9:06	3.7	2:39	-0.1	3:13	-0.5	7:13	5:01	
22	Wed	9:17	4.3	9:43	3.7	3:17	-0.1	3:48	-0.5	7:12	5:02	
23	Thu	9:55	4.2	10:22	3.8	3:54	-0.1	4:22	-0.4	7:11	5:03	
24	Fri	10:37	4.1	11:08	3.8	4:32	0.0	4:58	-0.3	7:11	5:05	
25	Sat	11:26	3.9	11:59	3.9	5:15	0.1	5:39	-0.2	7:10	5:06	
26	Sun			12:22	3.8	6:10	0.2	6:31	-0.2	7:09	5:07	
27	Mon	12:54	4.0	1:20	3.7	7:22	0.3	7:36	-0.1	7:08	5:08	
28	Tue	1:52	4.1	2:22	3.6	8:38	0.2	8:46	-0.2	7:07	5:09	
29	Wed	2:55	4.3	3:30	3.6	9:47	0.0	9:52	-0.3	7:07	5:11	
30	Thu	4:04	4.4	4:40	3.8	10:49	-0.3	10:53	-0.5	7:06	5:12	
31	Fri	5:10	4.7	5:44	4.1	11:46	-0.6	11:51	-0.8	7:05	5:13	