US HARBORS www.USHarbors.com

Highlands, NJ - Mar 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:55	4.5	5:30	4.2	11:29	-0.5	11:38	-0.5	6:28	5:47	
2	Sun	5:54	4.7	6:25	4.5			12:21	-0.7	6:26	5:48	
3	Mon	6:46	4.9	7:15	4.7	12:33	-0.7	1:11	-0.9	6:25	5:50	
4	Tue	7:34	4.9	8:02	4.8	1:25	-0.8	1:59	-0.9	6:23	5:51	
5	Wed	8:20	4.9	8:47	4.8	2:14	-0.8	2:44	-0.9	6:22	5:52	
6	Thu	9:04	4.7	9:32	4.7	3:01	-0.8	3:25	-0.8	6:20	5:53	
7	Fri	9:49	4.4	10:16	4.5	3:44	-0.6	4:04	-0.5	6:18	5:54	
8	Sat	10:35	4.1	11:02	4.3	4:25	-0.3	4:42	-0.2	6:17	5:55	
9	Sun			12:22	3.8	6:07	0.0	6:20	0.1	7:15	6:56	
10	Mon	12:49	4.1	1:11	3.6	6:52	0.3	7:03	0.4	7:14	6:57	
11	Tue	1:36	3.9	2:00	3.4	7:45	0.5	7:55	0.7	7:12	6:58	
12	Wed	2:25	3.7	2:50	3.2	8:46	0.7	8:58	0.8	7:10	6:59	
13	Thu	3:15	3.6	3:44	3.2	9:49	0.7	10:02	0.8	7:09	7:00	
14	Fri	4:10	3.6	4:43	3.3	10:47	0.6	11:00	0.7	7:07	7:02	
15	Sat	5:09	3.7	5:42	3.4	11:38	0.4	11:52	0.5	7:06	7:03	
16	Sun	6:04	3.9	6:33	3.7			12:24	0.2	7:04	7:04	
17	Mon	6:53	4.1	7:17	4.0	12:39	0.3	1:08	0.0	7:02	7:05	
18	Tue	7:35	4.4	7:56	4.2	1:25	0.0	1:51	-0.2	7:01	7:06	
19	Wed	8:15	4.5	8:34	4.5	2:10	-0.2	2:33	-0.4	6:59	7:07	
20	Thu	8:54	4.6	9:11	4.7	2:55	-0.4	3:14	-0.5	6:57	7:08	
21	Fri	9:35	4.6	9:51	4.8	3:40	-0.5	3:54	-0.6	6:56	7:09	
22	Sat	10:18	4.5	10:34	4.8	4:23	-0.5	4:34	-0.5	6:54	7:10	
23	Sun	11:06	4.4	11:23	4.8	5:07	-0.5	5:16	-0.4	6:53	7:11	
24	Mon			12:00	4.2	5:54	-0.3	6:01	-0.3	6:51	7:12	
25	Tue	12:19	4.7	12:59	4.1	6:48	-0.1	6:54	0.0	6:49	7:13	
26	Wed	1:19	4.6	2:00	4.0	7:53	0.1	8:01	0.2	6:48	7:14	
27	Thu	2:21	4.5	3:02	3.9	9:05	0.2	9:16	0.3	6:46	7:15	
28	Fri	3:24	4.4	4:06	4.0	10:13	0.1	10:26	0.2	6:44	7:16	
29	Sat	4:30	4.4	5:12	4.2	11:14	-0.1	11:29	0.0	6:43	7:17	
30	Sun	5:37	4.4	6:13	4.4			12:08	-0.3	6:41	7:18	
31	Mon	6:36	4.6	7:07	4.7	12:25	-0.2	12:59	-0.4	6:39	7:19	