US HARBORS www.USHarbors.com

Highlands, NJ - Jul 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:06	4.1	9:17	4.9	3:07	0.2	3:07	0.5	5:30	8:30	
2	Wed	9:46	4.1	9:54	4.8	3:48	0.2	3:48	0.6	5:30	8:29	
3	Thu	10:26	4.0	10:30	4.6	4:25	0.2	4:27	0.7	5:31	8:29	
4	Fri	11:06	4.0	11:07	4.5	5:01	0.2	5:03	0.8	5:31	8:29	
5	Sat	11:46	4.0	11:47	4.4	5:36	0.3	5:40	0.9	5:32	8:29	
6	Sun			12:29	4.0	6:11	0.4	6:20	1.0	5:32	8:28	
7	Mon	12:32	4.3	1:13	4.1	6:49	0.4	7:10	1.0	5:33	8:28	
8	Tue	1:21	4.2	2:00	4.3	7:36	0.5	8:16	1.1	5:34	8:28	
9	Wed	2:14	4.1	2:50	4.5	8:32	0.5	9:28	0.9	5:34	8:27	
10	Thu	3:10	4.1	3:45	4.7	9:34	0.4	10:35	0.7	5:35	8:27	
11	Fri	4:13	4.1	4:46	5.0	10:36	0.3	11:36	0.4	5:36	8:27	
12	Sat	5:21	4.2	5:50	5.2	11:35	0.1			5:36	8:26	
13	Sun	6:26	4.4	6:50	5.5	12:33	0.0	12:32	-0.1	5:37	8:26	
14	Mon	7:25	4.7	7:45	5.8	1:28	-0.3	1:29	-0.3	5:38	8:25	
15	Tue	8:20	4.9	8:38	5.8	2:23	-0.5	2:26	-0.4	5:39	8:24	
16	Wed	9:14	5.0	9:31	5.8	3:17	-0.7	3:22	-0.4	5:40	8:24	
17	Thu	10:08	5.1	10:24	5.6	4:08	-0.8	4:16	-0.4	5:40	8:23	
18	Fri	11:04	5.1	11:18	5.4	4:56	-0.7	5:07	-0.2	5:41	8:22	
19	Sat			12:00	5.0	5:44	-0.5	5:59	0.0	5:42	8:22	
20	Sun	12:13	5.0	12:55	4.9	6:32	-0.3	6:53	0.3	5:43	8:21	
21	Mon	1:08	4.7	1:48	4.8	7:24	0.0	7:52	0.6	5:44	8:20	
22	Tue	2:00	4.4	2:38	4.7	8:18	0.3	8:55	0.8	5:45	8:19	
23	Wed	2:51	4.1	3:28	4.6	9:13	0.5	9:56	0.9	5:45	8:19	
24	Thu	3:43	3.9	4:19	4.5	10:07	0.7	10:52	0.8	5:46	8:18	
25	Fri	4:39	3.8	5:13	4.5	10:58	0.7	11:42	0.7	5:47	8:17	
26	Sat	5:36	3.8	6:05	4.6	11:45	0.7			5:48	8:16	
27	Sun	6:30	3.9	6:52	4.7	12:29	0.6	12:31	0.7	5:49	8:15	
28	Mon	7:17	4.0	7:35	4.8	1:13	0.5	1:15	0.6	5:50	8:14	
29	Tue	8:00	4.1	8:15	4.9	1:57	0.3	1:59	0.6	5:51	8:13	
30	Wed	8:40	4.2	8:53	4.9	2:39	0.2	2:43	0.5	5:52	8:12	
31	Thu	9:19	4.2	9:29	4.9	3:20	0.2	3:25	0.5	5:53	8:11	