US HARBORS www.USHarbors.com

Highlands, NJ - Aug 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	9:56	4.3	10:04	4.8	3:58	0.1	4:04	0.5	5:54	8:10	
2	Sat	10:32	4.3	10:40	4.6	4:33	0.1	4:42	0.6	5:55	8:09	
3	Sun	11:09	4.3	11:18	4.5	5:07	0.2	5:19	0.7	5:56	8:08	
4	Mon	11:50	4.3			5:41	0.3	5:59	0.7	5:57	8:07	
5	Tue	12:03	4.4	12:36	4.4	6:17	0.3	6:46	0.8	5:57	8:05	
6	Wed	12:55	4.3	1:27	4.6	7:00	0.4	7:49	0.9	5:58	8:04	
7	Thu	1:50	4.2	2:21	4.7	7:57	0.5	9:02	0.9	5:59	8:03	
8	Fri	2:49	4.1	3:20	4.8	9:05	0.5	10:13	0.7	6:00	8:02	
9	Sat	3:53	4.1	4:24	5.0	10:13	0.4	11:17	0.4	6:01	8:00	
10	Sun	5:02	4.2	5:31	5.2	11:17	0.2			6:02	7:59	
11	Mon	6:09	4.5	6:34	5.4	12:15	0.1	12:17	0.0	6:03	7:58	
12	Tue	7:09	4.8	7:30	5.6	1:10	-0.2	1:15	-0.2	6:04	7:57	
13	Wed	8:04	5.1	8:23	5.7	2:03	-0.4	2:11	-0.4	6:05	7:55	
14	Thu	8:56	5.2	9:13	5.7	2:55	-0.6	3:06	-0.4	6:06	7:54	
15	Fri	9:47	5.3	10:03	5.5	3:45	-0.7	3:58	-0.4	6:07	7:53	
16	Sat	10:38	5.2	10:54	5.2	4:31	-0.6	4:47	-0.2	6:08	7:51	
17	Sun	11:30	5.1	11:46	4.9	5:16	-0.4	5:35	0.0	6:09	7:50	
18	Mon			12:22	5.0	6:00	-0.1	6:24	0.4	6:10	7:48	
19	Tue	12:38	4.6	1:14	4.8	6:46	0.3	7:18	0.7	6:11	7:47	
20	Wed	1:30	4.3	2:04	4.6	7:36	0.6	8:17	0.9	6:12	7:45	
21	Thu	2:21	4.0	2:52	4.5	8:31	0.9	9:18	1.0	6:13	7:44	
22	Fri	3:12	3.8	3:43	4.4	9:28	1.0	10:17	1.0	6:14	7:42	
23	Sat	4:06	3.7	4:36	4.4	10:24	1.0	11:10	0.9	6:15	7:41	
24	Sun	5:03	3.8	5:31	4.4	11:16	1.0	11:58	0.8	6:16	7:39	
25	Mon	6:00	3.9	6:22	4.6			12:04	0.8	6:17	7:38	
26	Tue	6:49	4.1	7:07	4.7	12:42	0.6	12:49	0.7	6:18	7:36	
27	Wed	7:33	4.3	7:48	4.9	1:25	0.4	1:34	0.6	6:19	7:35	
28	Thu	8:12	4.4	8:26	4.9	2:07	0.3	2:18	0.5	6:20	7:33	
29	Fri	8:49	4.5	9:02	4.9	2:47	0.2	3:00	0.4	6:21	7:32	
30	Sat	9:24	4.6	9:37	4.9	3:26	0.1	3:42	0.4	6:22	7:30	
31	Sun	9:58	4.7	10:14	4.8	4:03	0.1	4:21	0.4	6:23	7:29	