US HARBORS www.USHarbors.com

Highlands, NJ - Jan 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:41	4.3	1:55	4.0	7:55	0.2	8:26	-0.2	7:18	4:40	
2	Fri	2:36	4.2	2:51	3.8	9:00	0.2	9:22	-0.1	7:18	4:41	
3	Sat	3:31	4.2	3:50	3.6	10:00	0.2	10:14	-0.1	7:18	4:42	
4	Sun	4:27	4.2	4:48	3.5	10:53	0.1	11:02	-0.1	7:18	4:43	
5	Mon	5:20	4.3	5:41	3.6	11:41	0.0	11:46	-0.1	7:18	4:43	
6	Tue	6:06	4.4	6:28	3.7			12:26	-0.1	7:18	4:44	
7	Wed	6:49	4.5	7:11	3.7	12:30	-0.1	1:10	-0.2	7:18	4:45	
8	Thu	7:28	4.5	7:51	3.7	1:13	-0.1	1:53	-0.3	7:18	4:46	
9	Fri	8:07	4.5	8:31	3.7	1:55	-0.1	2:33	-0.3	7:18	4:47	
10	Sat	8:44	4.4	9:10	3.7	2:35	0.0	3:11	-0.3	7:18	4:48	
11	Sun	9:20	4.2	9:48	3.6	3:14	0.0	3:47	-0.3	7:17	4:49	
12	Mon	9:57	4.1	10:27	3.5	3:50	0.1	4:21	-0.2	7:17	4:50	
13	Tue	10:34	3.9	11:07	3.5	4:25	0.3	4:54	-0.1	7:17	4:52	
14	Wed	11:14	3.7	11:50	3.5	5:01	0.4	5:29	0.0	7:16	4:53	
15	Thu			12:00	3.6	5:43	0.5	6:10	0.1	7:16	4:54	
16	Fri	12:35	3.6	12:50	3.5	6:41	0.6	7:03	0.2	7:16	4:55	
17	Sat	1:23	3.7	1:45	3.5	7:55	0.6	8:06	0.1	7:15	4:56	
18	Sun	2:17	3.9	2:45	3.4	9:07	0.4	9:11	0.0	7:15	4:57	
19	Mon	3:18	4.1	3:53	3.5	10:11	0.1	10:12	-0.2	7:14	4:58	
20	Tue	4:24	4.4	5:00	3.7	11:09	-0.2	11:09	-0.5	7:14	4:59	
21	Wed	5:26	4.7	6:00	4.0			12:04	-0.6	7:13	5:01	
22	Thu	6:22	5.1	6:55	4.3	12:05	-0.7	12:58	-0.9	7:12	5:02	
23	Fri	7:15	5.3	7:47	4.5	1:01	-1.0	1:51	-1.1	7:12	5:03	
24	Sat	8:06	5.3	8:40	4.6	1:57	-1.1	2:42	-1.3	7:11	5:04	
25	Sun	8:58	5.3	9:33	4.7	2:50	-1.1	3:31	-1.3	7:10	5:05	
26	Mon	9:51	5.0	10:28	4.6	3:41	-1.0	4:18	-1.2	7:09	5:07	
27	Tue	10:45	4.7	11:23	4.5	4:32	-0.8	5:06	-1.0	7:09	5:08	
28	Wed	11:40	4.4			5:24	-0.5	5:56	-0.7	7:08	5:09	
29	Thu	12:18	4.3	12:34	4.1	6:21	-0.2	6:50	-0.3	7:07	5:10	
30	Fri	1:12	4.2	1:28	3.7	7:24	0.1	7:49	-0.1	7:06	5:11	
31	Sat	2:04	4.0	2:22	3.5	8:29	0.3	8:47	0.1	7:05	5:13	