US HARBORS www.USHarbors.com

Highlands, NJ - Mar 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:29	4.0	1:52	3.4	7:52	0.4	8:08	0.5	6:28	5:47	
2	Mon	2:21	3.8	2:47	3.3	8:55	0.5	9:08	0.6	6:27	5:48	
3	Tue	3:16	3.7	3:46	3.2	9:53	0.4	10:04	0.5	6:25	5:49	
4	Wed	4:15	3.8	4:45	3.3	10:43	0.3	10:54	0.4	6:24	5:50	
5	Thu	5:10	3.9	5:37	3.5	11:29	0.2	11:41	0.2	6:22	5:52	
6	Fri	5:58	4.0	6:22	3.8			12:13	0.0	6:20	5:53	
7	Sat	6:40	4.2	7:02	3.9	12:25	0.1	12:54	-0.1	6:19	5:54	
8	Sun	8:19	4.3	8:39	4.1	1:09	0.0	2:34	-0.3	7:17	6:55	
9	Mon	8:55	4.3	9:14	4.2	2:51	-0.1	3:13	-0.3	7:16	6:56	
10	Tue	9:30	4.3	9:46	4.2	3:31	-0.2	3:49	-0.3	7:14	6:57	
11	Wed	10:05	4.2	10:19	4.2	4:09	-0.2	4:23	-0.3	7:12	6:58	
12	Thu	10:41	4.1	10:53	4.3	4:45	-0.2	4:56	-0.2	7:11	6:59	
13	Fri	11:21	4.0	11:34	4.3	5:22	-0.1	5:29	-0.1	7:09	7:00	
14	Sat			12:08	3.8	6:03	0.1	6:07	0.0	7:08	7:01	
15	Sun	12:23	4.2	1:03	3.7	6:52	0.2	6:55	0.2	7:06	7:02	
16	Mon	1:21	4.2	2:03	3.6	7:59	0.3	8:01	0.3	7:04	7:03	
17	Tue	2:22	4.3	3:06	3.7	9:15	0.3	9:20	0.3	7:03	7:04	
18	Wed	3:28	4.3	4:13	3.8	10:26	0.2	10:33	0.1	7:01	7:06	
19	Thu	4:38	4.4	5:23	4.0	11:27	-0.1	11:38	-0.2	6:59	7:07	
20	Fri	5:48	4.6	6:26	4.4			12:23	-0.4	6:58	7:08	
21	Sat	6:49	4.8	7:21	4.8	12:37	-0.5	1:16	-0.7	6:56	7:09	
22	Sun	7:42	5.0	8:12	5.1	1:32	-0.7	2:06	-0.9	6:55	7:10	
23	Mon	8:32	5.1	9:00	5.2	2:26	-0.9	2:55	-1.0	6:53	7:11	
24	Tue	9:20	5.0	9:47	5.2	3:17	-0.9	3:42	-0.9	6:51	7:12	
25	Wed	10:08	4.8	10:35	5.1	4:06	-0.9	4:26	-0.8	6:50	7:13	
26	Thu	10:57	4.6	11:22	4.8	4:52	-0.7	5:08	-0.5	6:48	7:14	
27	Fri	11:47	4.3			5:37	-0.4	5:50	-0.1	6:46	7:15	
28	Sat	12:12	4.6	12:39	4.0	6:23	-0.1	6:34	0.3	6:45	7:16	
29	Sun	1:02	4.3	1:31	3.7	7:13	0.3	7:24	0.6	6:43	7:17	
30	Mon	1:53	4.1	2:23	3.5	8:11	0.5	8:24	0.9	6:41	7:18	
31	Tue	2:43	3.9	3:15	3.4	9:13	0.7	9:29	1.0	6:40	7:19	