US HARBORS www.USHarbors.com

Highlands, NJ - Aug 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:31	4.3	6:51	5.4	12:37	0.2	12:34	0.1	5:53	8:10	
2	Sun	7:27	4.6	7:45	5.7	1:30	-0.1	1:31	-0.2	5:54	8:09	
3	Mon	8:20	4.9	8:37	5.8	2:23	-0.4	2:27	-0.3	5:55	8:08	
4	Tue	9:12	5.1	9:29	5.8	3:15	-0.6	3:23	-0.4	5:56	8:07	
5	Wed	10:06	5.2	10:21	5.6	4:05	-0.7	4:16	-0.4	5:57	8:06	
6	Thu	11:00	5.2	11:16	5.4	4:53	-0.7	5:08	-0.3	5:58	8:04	
7	Fri	11:56	5.2			5:40	-0.6	6:00	-0.1	5:59	8:03	
8	Sat	12:12	5.1	12:53	5.1	6:29	-0.3	6:57	0.2	6:00	8:02	
9	Sun	1:09	4.8	1:48	5.0	7:23	0.0	7:58	0.5	6:01	8:01	
10	Mon	2:04	4.5	2:41	4.9	8:20	0.3	9:04	0.7	6:02	8:00	
11	Tue	2:59	4.2	3:34	4.8	9:20	0.5	10:07	0.7	6:03	7:58	
12	Wed	3:54	4.0	4:29	4.7	10:18	0.6	11:04	0.7	6:04	7:57	
13	Thu	4:54	3.9	5:25	4.7	11:11	0.7	11:55	0.6	6:05	7:56	
14	Fri	5:52	3.9	6:18	4.7			12:00	0.7	6:06	7:54	
15	Sat	6:45	4.0	7:05	4.8	12:42	0.5	12:46	0.6	6:07	7:53	
16	Sun	7:31	4.2	7:48	4.9	1:26	0.4	1:31	0.6	6:08	7:51	
17	Mon	8:12	4.3	8:27	4.9	2:08	0.3	2:15	0.5	6:09	7:50	
18	Tue	8:51	4.4	9:05	4.9	2:49	0.2	2:58	0.5	6:10	7:49	
19	Wed	9:29	4.4	9:41	4.8	3:27	0.2	3:38	0.5	6:11	7:47	
20	Thu	10:06	4.4	10:17	4.6	4:04	0.2	4:17	0.6	6:12	7:46	
21	Fri	10:41	4.4	10:52	4.5	4:38	0.3	4:53	0.7	6:13	7:44	
22	Sat	11:16	4.3	11:29	4.3	5:10	0.4	5:28	0.8	6:14	7:43	
23	Sun	11:53	4.3			5:41	0.5	6:06	0.9	6:15	7:41	
24	Mon	12:11	4.1	12:36	4.4	6:14	0.6	6:51	1.0	6:16	7:40	
25	Tue	1:00	4.0	1:25	4.4	6:55	0.7	7:53	1.1	6:17	7:38	
26	Wed	1:55	3.9	2:18	4.6	7:52	0.8	9:07	1.0	6:18	7:37	
27	Thu	2:52	3.9	3:16	4.7	9:03	0.8	10:17	0.8	6:19	7:35	
28	Fri	3:56	4.0	4:21	4.9	10:14	0.6	11:18	0.5	6:19	7:34	
29	Sat	5:05	4.2	5:29	5.1	11:19	0.4			6:20	7:32	
30	Sun	6:10	4.5	6:32	5.4	12:14	0.2	12:18	0.1	6:21	7:31	
31	Mon	7:08	4.9	7:28	5.6	1:08	-0.2	1:15	-0.2	6:22	7:29	