US HARBORS www.USHarbors.com

Highlands, NJ - Jan 2055

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	10:05	4.2	10:38	3.6	3:52	0.1	4:26	-0.2	7:18	4:40	
2	Sat	10:49	4.0	11:25	3.5	4:30	0.3	5:03	0.0	7:18	4:41	
3	Sun	11:34	3.8			5:10	0.5	5:42	0.2	7:18	4:41	
4	Mon	12:11	3.4	12:20	3.6	5:55	0.7	6:26	0.3	7:18	4:42	
5	Tue	12:56	3.4	1:05	3.5	6:52	0.9	7:17	0.4	7:18	4:43	
6	Wed	1:40	3.5	1:53	3.3	7:59	0.9	8:12	0.4	7:18	4:44	
7	Thu	2:26	3.6	2:44	3.3	9:03	0.8	9:07	0.3	7:18	4:45	
8	Fri	3:16	3.7	3:43	3.3	10:01	0.5	10:00	0.2	7:18	4:46	
9	Sat	4:12	4.0	4:43	3.4	10:54	0.2	10:50	0.0	7:18	4:47	
10	Sun	5:07	4.3	5:39	3.6	11:44	-0.1	11:40	-0.2	7:18	4:48	
11	Mon	5:57	4.6	6:29	3.8			12:34	-0.4	7:18	4:49	
12	Tue	6:45	4.9	7:17	4.0	12:30	-0.5	1:24	-0.7	7:17	4:50	
13	Wed	7:31	5.1	8:05	4.2	1:21	-0.6	2:13	-0.9	7:17	4:51	
14	Thu	8:19	5.2	8:55	4.3	2:13	-0.8	3:01	-1.0	7:17	4:52	
15	Fri	9:10	5.1	9:48	4.4	3:04	-0.9	3:48	-1.1	7:16	4:54	
16	Sat	10:02	5.0	10:44	4.4	3:54	-0.8	4:35	-1.0	7:16	4:55	
17	Sun	10:58	4.7	11:41	4.4	4:45	-0.6	5:24	-0.8	7:15	4:56	
18	Mon	11:56	4.4			5:41	-0.4	6:17	-0.6	7:15	4:57	
19	Tue	12:39	4.3	12:54	4.2	6:44	-0.1	7:16	-0.4	7:14	4:58	
20	Wed	1:35	4.3	1:50	3.9	7:53	0.0	8:18	-0.3	7:14	4:59	
21	Thu	2:31	4.3	2:49	3.7	9:00	0.1	9:19	-0.2	7:13	5:00	
22	Fri	3:29	4.2	3:51	3.5	10:02	0.0	10:15	-0.2	7:12	5:02	
23	Sat	4:29	4.3	4:54	3.5	10:58	-0.1	11:07	-0.2	7:12	5:03	
24	Sun	5:25	4.3	5:50	3.6	11:49	-0.2	11:55	-0.2	7:11	5:04	
25	Mon	6:15	4.4	6:39	3.7			12:37	-0.3	7:10	5:05	
26	Tue	6:59	4.5	7:22	3.8	12:42	-0.2	1:22	-0.4	7:10	5:06	
27	Wed	7:40	4.5	8:04	3.8	1:27	-0.2	2:05	-0.4	7:09	5:08	
28	Thu	8:20	4.4	8:44	3.8	2:10	-0.2	2:44	-0.5	7:08	5:09	
29	Fri	8:58	4.3	9:23	3.7	2:51	-0.2	3:21	-0.4	7:07	5:10	
30	Sat	9:36	4.2	10:03	3.7	3:29	-0.1	3:56	-0.3	7:06	5:11	
31	Sun	10:15	3.9	10:42	3.6	4:05	0.1	4:29	-0.2	7:05	5:12	