US HARBORS www.USHarbors.com

Highlands, NJ - Mar 2055

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**9:44**	4.0	**10:01**	3.9	**3:42**	-0.1	**3:56**	-0.2	6:29	5:47	
2	Tue	**10:20**	3.8	**10:34**	3.9	**4:16**	0.1	**4:27**	0.0	6:27	5:48	
3	Wed	**10:58**	3.6	**11:11**	3.8	**4:50**	0.2	**4:57**	0.1	6:25	5:49	
4	Thu	**11:41**	3.5	**11:55**	3.8	**5:28**	0.4	**5:31**	0.3	6:24	5:50	
5	Fri			**12:31**	3.4	**6:18**	0.6	**6:17**	0.4	6:22	5:51	
6	Sat	**12:46**	3.9	**1:26**	3.3	**7:28**	0.6	**7:24**	0.5	6:21	5:52	
7	Sun	**1:42**	3.9	**2:27**	3.3	**8:45**	0.5	**8:42**	0.4	6:19	5:53	
8	Mon	**2:47**	4.0	**3:35**	3.5	**9:51**	0.3	**9:52**	0.2	6:18	5:55	
9	Tue	**3:58**	4.2	**4:44**	3.8	**10:50**	0.0	**10:54**	-0.2	6:16	5:56	
10	Wed	**5:06**	4.6	**5:44**	4.2	**11:43**	-0.4	**11:51**	-0.5	6:14	5:57	
11	Thu	**6:04**	4.9	**6:37**	4.6			**12:35**	-0.7	6:13	5:58	
12	Fri	**6:57**	5.1	**7:28**	4.9	**12:47**	-0.8	**1:26**	-1.0	6:11	5:59	
13	Sat	**7:47**	5.2	**8:17**	5.2	**1:42**	-1.0	**2:15**	-1.2	6:10	6:00	
14	Sun	**9:37**	5.2	**10:07**	5.2	**3:35**	-1.1	**4:03**	-1.2	7:08	7:01	
15	Mon	**10:28**	5.0	**10:59**	5.1	**4:25**	-1.1	**4:49**	-1.1	7:06	7:02	
16	Tue	**11:21**	4.7	**11:52**	5.0	**5:15**	-0.9	**5:35**	-0.8	7:05	7:03	
17	Wed			**12:16**	4.4	**6:05**	-0.6	**6:23**	-0.4	7:03	7:04	
18	Thu	**12:47**	4.7	**1:13**	4.1	**7:00**	-0.2	**7:16**	0.0	7:02	7:05	
19	Fri	**1:42**	4.4	**2:10**	3.8	**8:01**	0.1	**8:17**	0.4	7:00	7:06	
20	Sat	**2:37**	4.2	**3:06**	3.6	**9:07**	0.3	**9:24**	0.6	6:58	7:07	
21	Sun	**3:32**	4.0	**4:04**	3.5	**10:11**	0.4	**10:27**	0.6	6:57	7:08	
22	Mon	**4:31**	3.9	**5:05**	3.5	**11:07**	0.4	**11:23**	0.5	6:55	7:09	
23	Tue	**5:31**	3.9	**6:03**	3.6	**11:57**	0.3			6:53	7:11	
24	Wed	**6:25**	4.0	**6:52**	3.9	**12:12**	0.4	**12:41**	0.2	6:52	7:12	
25	Thu	**7:11**	4.2	**7:34**	4.1	**12:58**	0.3	**1:22**	0.0	6:50	7:13	
26	Fri	**7:52**	4.3	**8:12**	4.3	**1:41**	0.1	**2:02**	-0.1	6:48	7:14	
27	Sat	**8:30**	4.3	**8:48**	4.4	**2:23**	0.0	**2:41**	-0.1	6:47	7:15	
28	Sun	**9:07**	4.3	**9:22**	4.4	**3:04**	-0.1	**3:18**	-0.1	6:45	7:16	
29	Mon	**9:42**	4.2	**9:54**	4.4	**3:43**	-0.1	**3:53**	-0.1	6:43	7:17	
30	Tue	**10:17**	4.1	**10:24**	4.3	**4:20**	0.0	**4:25**	0.0	6:42	7:18	
31	Wed	**10:52**	3.9	**10:55**	4.3	**4:55**	0.1	**4:56**	0.1	6:40	7:19	