US HARBORS www.USHarbors.com

Highlands, NJ - Jul 2055

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:37	4.8	2:24	4.8	8:06	0.0	8:35	0.5	5:29	8:30	
2	Fri	2:34	4.6	3:19	4.9	9:06	0.1	9:44	0.5	5:30	8:29	
3	Sat	3:32	4.4	4:17	5.0	10:06	0.1	10:48	0.4	5:30	8:29	
4	Sun	4:34	4.3	5:16	5.1	11:02	0.1	11:46	0.2	5:31	8:29	
5	Mon	5:38	4.3	6:14	5.2	11:56	0.0			5:31	8:29	
6	Tue	6:38	4.3	7:07	5.3	12:41	0.1	12:47	0.0	5:32	8:29	
7	Wed	7:32	4.4	7:55	5.4	1:33	0.0	1:37	0.1	5:33	8:28	
8	Thu	8:21	4.4	8:40	5.3	2:23	-0.1	2:27	0.2	5:33	8:28	
9	Fri	9:08	4.4	9:24	5.2	3:11	-0.1	3:15	0.3	5:34	8:28	
10	Sat	9:55	4.3	10:08	5.0	3:55	-0.1	3:59	0.4	5:35	8:27	
11	Sun	10:41	4.2	10:52	4.8	4:36	0.0	4:42	0.5	5:35	8:27	
12	Mon	11:27	4.2	11:37	4.6	5:15	0.1	5:22	0.7	5:36	8:26	
13	Tue			12:15	4.1	5:53	0.3	6:03	0.9	5:37	8:26	
14	Wed	12:23	4.3	1:01	4.1	6:31	0.5	6:48	1.1	5:38	8:25	
15	Thu	1:09	4.1	1:45	4.1	7:12	0.6	7:41	1.2	5:38	8:25	
16	Fri	1:54	4.0	2:28	4.1	7:58	0.8	8:42	1.3	5:39	8:24	
17	Sat	2:39	3.8	3:11	4.1	8:50	0.8	9:44	1.2	5:40	8:23	
18	Sun	3:27	3.7	3:57	4.2	9:43	0.8	10:42	1.1	5:41	8:23	
19	Mon	4:21	3.7	4:49	4.4	10:36	0.8	11:35	0.9	5:42	8:22	
20	Tue	5:21	3.7	5:43	4.6	11:27	0.6			5:42	8:21	
21	Wed	6:18	3.9	6:34	4.9	12:25	0.6	12:16	0.5	5:43	8:21	
22	Thu	7:09	4.1	7:22	5.2	1:13	0.3	1:06	0.3	5:44	8:20	
23	Fri	7:57	4.3	8:08	5.4	2:02	0.1	1:56	0.2	5:45	8:19	
24	Sat	8:44	4.5	8:54	5.5	2:51	-0.2	2:48	0.0	5:46	8:18	
25	Sun	9:32	4.7	9:42	5.5	3:39	-0.3	3:39	-0.1	5:47	8:17	
26	Mon	10:22	4.8	10:33	5.4	4:24	-0.5	4:30	-0.1	5:48	8:16	
27	Tue	11:16	4.9	11:27	5.2	5:10	-0.5	5:20	-0.1	5:49	8:15	
28	Wed			12:12	4.9	5:56	-0.4	6:13	0.1	5:50	8:15	
29	Thu	12:24	5.0	1:09	5.0	6:46	-0.2	7:12	0.3	5:50	8:14	
30	Fri	1:22	4.8	2:05	5.0	7:41	0.0	8:18	0.5	5:51	8:13	
31	Sat	2:19	4.5	3:00	5.0	8:41	0.1	9:27	0.5	5:52	8:12	