US HARBORS www.USHarbors.com

Highlands, NJ - Aug 2055

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:16	4.3	3:56	5.0	9:43	0.3	10:31	0.5	5:53	8:10	
2	Mon	4:17	4.1	4:56	5.0	10:42	0.3	11:30	0.4	5:54	8:09	
3	Tue	5:21	4.1	5:55	5.0	11:38	0.3			5:55	8:08	
4	Wed	6:22	4.1	6:49	5.1	12:24	0.3	12:29	0.3	5:56	8:07	
5	Thu	7:15	4.2	7:36	5.1	1:14	0.2	1:19	0.3	5:57	8:06	
6	Fri	8:03	4.3	8:20	5.1	2:01	0.1	2:06	0.4	5:58	8:05	
7	Sat	8:46	4.4	9:02	5.1	2:46	0.1	2:52	0.4	5:59	8:04	
8	Sun	9:29	4.4	9:42	4.9	3:28	0.1	3:36	0.4	6:00	8:02	
9	Mon	10:10	4.4	10:22	4.8	4:07	0.1	4:17	0.5	6:01	8:01	
10	Tue	10:51	4.3	11:03	4.6	4:43	0.2	4:55	0.6	6:02	8:00	
11	Wed	11:33	4.3	11:44	4.3	5:17	0.3	5:33	0.8	6:03	7:59	
12	Thu			12:15	4.2	5:51	0.5	6:12	1.0	6:04	7:57	
13	Fri	12:27	4.1	12:57	4.2	6:25	0.6	6:56	1.1	6:05	7:56	
14	Sat	1:12	3.9	1:39	4.2	7:03	0.8	7:51	1.3	6:06	7:55	
15	Sun	1:58	3.8	2:21	4.2	7:51	0.9	8:57	1.3	6:07	7:53	
16	Mon	2:46	3.7	3:08	4.3	8:50	1.0	10:02	1.2	6:08	7:52	
17	Tue	3:40	3.7	4:01	4.4	9:53	0.9	11:01	0.9	6:09	7:50	
18	Wed	4:42	3.7	5:02	4.6	10:53	0.8	11:54	0.6	6:10	7:49	
19	Thu	5:45	3.9	6:03	4.9	11:49	0.6			6:11	7:48	
20	Fri	6:42	4.2	6:57	5.2	12:45	0.3	12:42	0.3	6:12	7:46	
21	Sat	7:33	4.6	7:47	5.5	1:35	0.0	1:36	0.0	6:12	7:45	
22	Sun	8:22	4.9	8:36	5.7	2:24	-0.3	2:30	-0.2	6:13	7:43	
23	Mon	9:10	5.1	9:25	5.7	3:13	-0.5	3:23	-0.3	6:14	7:42	
24	Tue	10:01	5.3	10:16	5.5	4:00	-0.6	4:15	-0.4	6:15	7:40	
25	Wed	10:53	5.3	11:10	5.3	4:46	-0.6	5:05	-0.3	6:16	7:39	
26	Thu	11:48	5.3			5:32	-0.5	5:58	-0.1	6:17	7:37	
27	Fri	12:06	5.0	12:45	5.2	6:21	-0.2	6:55	0.2	6:18	7:36	
28	Sat	1:05	4.7	1:42	5.1	7:15	0.1	7:59	0.4	6:19	7:34	
29	Sun	2:03	4.5	2:38	5.0	8:16	0.4	9:07	0.6	6:20	7:32	
30	Mon	3:01	4.2	3:35	4.9	9:21	0.6	10:12	0.6	6:21	7:31	
31	Tue	4:01	4.1	4:34	4.8	10:24	0.7	11:11	0.6	6:22	7:29	