US HARBORS www.USHarbors.com

Highlands, NJ - Mar 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:17	4.9	7:48	4.5	1:09	-0.6	1:50	-0.8	6:27	5:48	
2	Thu	8:03	5.0	8:34	4.7	2:00	-0.8	2:36	-1.0	6:26	5:49	
3	Fri	8:51	5.0	9:22	4.9	2:50	-1.0	3:20	-1.0	6:24	5:50	
4	Sat	9:40	4.8	10:13	4.9	3:39	-1.0	4:04	-1.0	6:23	5:51	
5	Sun	10:33	4.6	11:07	4.8	4:28	-0.8	4:49	-0.8	6:21	5:52	
6	Mon	11:30	4.3			5:20	-0.5	5:39	-0.5	6:20	5:53	
7	Tue	12:04	4.7	12:29	4.0	6:20	-0.2	6:37	-0.1	6:18	5:54	
8	Wed	1:02	4.5	1:29	3.8	7:27	0.0	7:44	0.1	6:16	5:55	
9	Thu	2:01	4.3	2:30	3.6	8:37	0.1	8:53	0.2	6:15	5:56	
10	Fri	3:02	4.2	3:35	3.5	9:43	0.1	9:57	0.2	6:13	5:58	
11	Sat	4:07	4.1	4:41	3.6	10:41	0.0	10:55	0.2	6:12	5:59	
12	Sun	6:08	4.2	6:39	3.8			12:32	-0.1	7:10	7:00	
13	Mon	7:01	4.3	7:27	4.0	12:46	0.0	1:19	-0.2	7:08	7:01	
14	Tue	7:46	4.4	8:09	4.2	1:33	-0.1	2:02	-0.3	7:07	7:02	
15	Wed	8:27	4.5	8:48	4.3	2:18	-0.1	2:42	-0.3	7:05	7:03	
16	Thu	9:06	4.4	9:25	4.3	3:01	-0.2	3:21	-0.3	7:04	7:04	
17	Fri	9:44	4.3	10:01	4.3	3:41	-0.2	3:56	-0.3	7:02	7:05	
18	Sat	10:21	4.2	10:36	4.2	4:19	-0.1	4:29	-0.1	7:00	7:06	
19	Sun	10:59	4.0	11:11	4.1	4:55	0.0	5:01	0.0	6:59	7:07	
20	Mon	11:38	3.7	11:46	4.0	5:30	0.2	5:31	0.2	6:57	7:08	
21	Tue			12:20	3.5	6:06	0.4	6:03	0.4	6:55	7:09	
22	Wed	12:24	3.9	1:06	3.4	6:47	0.6	6:39	0.6	6:54	7:10	
23	Thu	1:07	3.8	1:55	3.3	7:40	0.7	7:29	0.8	6:52	7:11	
24	Fri	1:57	3.8	2:48	3.2	8:51	0.8	8:42	0.9	6:50	7:12	
25	Sat	2:53	3.8	3:47	3.3	10:01	0.7	9:58	0.8	6:49	7:13	
26	Sun	3:57	3.9	4:51	3.5	11:01	0.5	11:04	0.5	6:47	7:14	
27	Mon	5:06	4.2	5:53	3.9	11:54	0.1			6:46	7:15	
28	Tue	6:09	4.5	6:48	4.3	12:01	0.1	12:44	-0.2	6:44	7:16	
29	Wed	7:04	4.8	7:37	4.7	12:56	-0.2	1:32	-0.5	6:42	7:18	
30	Thu	7:55	5.0	8:24	5.1	1:49	-0.6	2:20	-0.7	6:41	7:19	
31	Fri	8:43	5.1	9:11	5.3	2:42	-0.8	3:08	-0.9	6:39	7:20	