US HARBORS www.USHarbors.com

Highlands, NJ - Aug 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:40	4.4	1:14	4.3	6:42	0.5	7:12	1.0	5:54	8:10	
2	Wed	1:27	4.1	1:59	4.2	7:25	0.7	8:08	1.2	5:55	8:09	
3	Thu	2:14	3.9	2:43	4.2	8:13	0.9	9:09	1.3	5:56	8:07	
4	Fri	3:01	3.7	3:28	4.2	9:07	1.0	10:09	1.2	5:57	8:06	
5	Sat	3:52	3.6	4:18	4.3	10:02	1.0	11:04	1.0	5:58	8:05	
6	Sun	4:49	3.6	5:12	4.4	10:54	0.9	11:54	0.9	5:59	8:04	
7	Mon	5:48	3.7	6:05	4.5	11:44	0.8			6:00	8:03	
8	Tue	6:41	3.9	6:53	4.8	12:42	0.6	12:33	0.7	6:01	8:01	
9	Wed	7:27	4.1	7:36	5.0	1:28	0.4	1:20	0.5	6:02	8:00	
10	Thu	8:10	4.3	8:17	5.2	2:13	0.2	2:08	0.4	6:03	7:59	
11	Fri	8:52	4.5	8:59	5.3	2:57	0.0	2:56	0.2	6:04	7:58	
12	Sat	9:35	4.6	9:41	5.3	3:40	-0.1	3:43	0.1	6:04	7:56	
13	Sun	10:19	4.7	10:27	5.2	4:22	-0.2	4:29	0.1	6:05	7:55	
14	Mon	11:08	4.8	11:17	5.0	5:02	-0.2	5:16	0.1	6:06	7:54	
15	Tue			12:00	4.9	5:44	-0.2	6:06	0.2	6:07	7:52	
16	Wed	12:12	4.8	12:55	5.0	6:30	0.0	7:04	0.4	6:08	7:51	
17	Thu	1:10	4.6	1:51	5.0	7:23	0.2	8:10	0.6	6:09	7:49	
18	Fri	2:09	4.4	2:48	5.0	8:26	0.3	9:21	0.6	6:10	7:48	
19	Sat	3:09	4.2	3:47	5.0	9:33	0.4	10:28	0.5	6:11	7:46	
20	Sun	4:13	4.1	4:50	5.0	10:37	0.4	11:29	0.4	6:12	7:45	
21	Mon	5:20	4.2	5:53	5.1	11:37	0.4			6:13	7:44	
22	Tue	6:24	4.3	6:50	5.2	12:24	0.2	12:32	0.3	6:14	7:42	
23	Wed	7:19	4.5	7:41	5.3	1:16	0.1	1:25	0.2	6:15	7:41	
24	Thu	8:08	4.6	8:26	5.3	2:05	-0.1	2:15	0.2	6:16	7:39	
25	Fri	8:53	4.7	9:10	5.2	2:51	-0.1	3:03	0.2	6:17	7:38	
26	Sat	9:36	4.7	9:52	5.0	3:33	-0.1	3:48	0.3	6:18	7:36	
27	Sun	10:18	4.7	10:34	4.8	4:13	0.0	4:30	0.4	6:19	7:34	
28	Mon	11:00	4.6	11:17	4.5	4:49	0.1	5:09	0.5	6:20	7:33	
29	Tue	11:43	4.5			5:24	0.3	5:49	0.7	6:21	7:31	
30	Wed	12:01	4.3	12:26	4.4	5:58	0.6	6:31	1.0	6:22	7:30	
31	Thu	12:48	4.0	1:11	4.3	6:34	0.8	7:20	1.2	6:23	7:28	