US HARBORS www.USHarbors.com

Highlands, NJ - Dec 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:24	4.0	2:29	4.1	8:42	0.7	9:18	0.2	7:00	4:30	
2	Sat	3:21	4.3	3:34	4.2	9:48	0.4	10:12	-0.1	7:01	4:29	
3	Sun	4:21	4.7	4:39	4.3	10:47	0.0	11:03	-0.4	7:02	4:29	
4	Mon	5:18	5.1	5:39	4.5	11:42	-0.3	11:54	-0.6	7:03	4:29	
5	Tue	6:11	5.4	6:34	4.6			12:37	-0.6	7:04	4:29	
6	Wed	7:02	5.7	7:26	4.7	12:46	-0.7	1:32	-0.8	7:05	4:29	
7	Thu	7:52	5.7	8:19	4.6	1:39	-0.8	2:25	-0.9	7:06	4:29	
8	Fri	8:44	5.6	9:14	4.5	2:32	-0.7	3:17	-0.9	7:06	4:29	
9	Sat	9:37	5.4	10:11	4.3	3:24	-0.5	4:07	-0.8	7:07	4:29	
10	Sun	10:33	5.0	11:10	4.1	4:15	-0.3	4:57	-0.5	7:08	4:29	
11	Mon	11:30	4.7			5:07	0.0	5:50	-0.3	7:09	4:29	
12	Tue	12:09	4.0	12:26	4.4	6:04	0.4	6:46	0.0	7:10	4:29	
13	Wed	1:05	3.9	1:20	4.1	7:08	0.6	7:44	0.2	7:10	4:30	
14	Thu	1:58	3.9	2:12	3.9	8:15	0.7	8:40	0.2	7:11	4:30	
15	Fri	2:49	3.9	3:05	3.7	9:16	0.7	9:30	0.3	7:12	4:30	
16	Sat	3:41	3.9	3:59	3.6	10:10	0.6	10:16	0.2	7:12	4:30	
17	Sun	4:33	4.1	4:53	3.6	10:58	0.4	10:58	0.2	7:13	4:31	
18	Mon	5:21	4.2	5:42	3.7	11:43	0.3	11:40	0.1	7:14	4:31	
19	Tue	6:03	4.4	6:27	3.7			12:27	0.1	7:14	4:32	
20	Wed	6:43	4.5	7:08	3.8	12:20	0.1	1:10	0.0	7:15	4:32	
21	Thu	7:19	4.5	7:48	3.7	1:02	0.1	1:53	-0.1	7:15	4:33	
22	Fri	7:54	4.5	8:27	3.7	1:43	0.1	2:34	-0.2	7:16	4:33	
23	Sat	8:28	4.5	9:06	3.6	2:24	0.1	3:13	-0.2	7:16	4:34	
24	Sun	9:02	4.4	9:46	3.6	3:03	0.1	3:50	-0.1	7:16	4:34	
25	Mon	9:39	4.3	10:29	3.5	3:40	0.2	4:27	-0.1	7:17	4:35	
26	Tue	10:20	4.2	11:16	3.5	4:18	0.3	5:04	0.0	7:17	4:36	
27	Wed	11:10	4.1			5:00	0.3	5:47	0.0	7:17	4:36	
28	Thu	12:07	3.6	12:06	4.0	5:52	0.4	6:38	0.1	7:18	4:37	
29	Fri	1:00	3.8	1:03	4.0	7:00	0.5	7:39	0.0	7:18	4:38	
30	Sat	1:54	4.0	2:02	3.9	8:15	0.4	8:41	-0.1	7:18	4:38	
31	Sun	2:51	4.3	3:06	3.8	9:25	0.2	9:41	-0.2	7:18	4:39	