US HARBORS www.USHarbors.com

Highlands, NJ - Jan 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:53	4.5	4:14	3.8	10:28	-0.1	10:38	-0.4	7:18	4:40	
2	Tue	4:56	4.8	5:20	3.9	11:27	-0.4	11:33	-0.6	7:18	4:41	
3	Wed	5:54	5.1	6:19	4.1			12:23	-0.7	7:18	4:42	
4	Thu	6:47	5.3	7:14	4.2	12:28	-0.7	1:18	-0.9	7:18	4:43	
5	Fri	7:39	5.3	8:07	4.3	1:23	-0.8	2:11	-1.0	7:18	4:44	
6	Sat	8:29	5.3	9:00	4.2	2:17	-0.7	3:02	-1.0	7:18	4:45	
7	Sun	9:20	5.1	9:53	4.2	3:09	-0.6	3:49	-0.9	7:18	4:46	
8	Mon	10:12	4.8	10:47	4.0	3:58	-0.5	4:34	-0.7	7:18	4:47	
9	Tue	11:04	4.5	11:40	3.9	4:46	-0.2	5:20	-0.5	7:18	4:48	
10	Wed	11:56	4.1			5:36	0.1	6:07	-0.2	7:18	4:49	
11	Thu	12:32	3.8	12:46	3.8	6:31	0.4	6:57	0.0	7:17	4:50	
12	Fri	1:21	3.7	1:35	3.6	7:32	0.6	7:49	0.2	7:17	4:51	
13	Sat	2:08	3.7	2:24	3.4	8:35	0.6	8:42	0.3	7:17	4:52	
14	Sun	2:57	3.7	3:17	3.2	9:33	0.6	9:32	0.3	7:16	4:53	
15	Mon	3:49	3.7	4:14	3.2	10:25	0.4	10:20	0.3	7:16	4:54	
16	Tue	4:42	3.8	5:09	3.2	11:13	0.3	11:06	0.2	7:15	4:55	
17	Wed	5:31	4.0	5:59	3.3	11:59	0.1	11:50	0.1	7:15	4:56	
18	Thu	6:15	4.2	6:44	3.5			12:44	-0.1	7:14	4:57	
19	Fri	6:55	4.3	7:25	3.6	12:35	0.0	1:28	-0.2	7:14	4:59	
20	Sat	7:32	4.4	8:04	3.6	1:19	-0.1	2:10	-0.3	7:13	5:00	
21	Sun	8:08	4.5	8:42	3.7	2:02	-0.1	2:50	-0.4	7:13	5:01	
22	Mon	8:44	4.5	9:21	3.7	2:43	-0.2	3:28	-0.5	7:12	5:02	
23	Tue	9:22	4.4	10:02	3.7	3:24	-0.2	4:04	-0.4	7:11	5:03	
24	Wed	10:04	4.3	10:48	3.8	4:04	-0.2	4:40	-0.4	7:11	5:05	
25	Thu	10:52	4.1	11:38	3.9	4:47	-0.1	5:19	-0.3	7:10	5:06	
26	Fri	11:46	4.0			5:36	0.0	6:05	-0.2	7:09	5:07	
27	Sat	12:32	4.0	12:43	3.8	6:39	0.2	7:03	-0.1	7:08	5:08	
28	Sun	1:27	4.1	1:42	3.6	7:53	0.2	8:10	-0.1	7:07	5:09	
29	Mon	2:26	4.2	2:47	3.5	9:06	0.1	9:17	-0.2	7:07	5:11	
30	Tue	3:30	4.4	3:57	3.5	10:13	-0.1	10:20	-0.3	7:06	5:12	
31	Wed	4:37	4.5	5:07	3.7	11:13	-0.4	11:19	-0.4	7:05	5:13	