US HARBORS www.USHarbors.com

Highlands, NJ - Mar 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	**4:22**	4.4	**4:56**	3.7	**10:58**	-0.2	**11:09**	-0.2	6:28	5:47	
2	Fri	**5:26**	4.5	**5:56**	4.0	**11:52**	-0.4			6:26	5:48	
3	Sat	**6:21**	4.7	**6:48**	4.2	**12:05**	-0.3	**12:43**	-0.6	6:25	5:50	
4	Sun	**7:09**	4.8	**7:35**	4.4	**12:57**	-0.5	**1:31**	-0.7	6:23	5:51	
5	Mon	**7:54**	4.8	**8:18**	4.5	**1:47**	-0.5	**2:15**	-0.7	6:22	5:52	
6	Tue	**8:37**	4.7	**9:00**	4.5	**2:33**	-0.5	**2:56**	-0.7	6:20	5:53	
7	Wed	**9:19**	4.5	**9:42**	4.4	**3:16**	-0.4	**3:33**	-0.5	6:18	5:54	
8	Thu	**10:02**	4.2	**10:23**	4.2	**3:56**	-0.3	**4:09**	-0.3	6:17	5:55	
9	Fri	**10:45**	3.9	**11:05**	4.1	**4:35**	-0.1	**4:43**	-0.1	6:15	5:56	
10	Sat	**11:31**	3.7	**11:48**	3.9	**5:15**	0.2	**5:17**	0.2	6:14	5:57	
11	Sun			**1:18**	3.4	**6:59**	0.5	**6:56**	0.5	7:12	6:58	
12	Mon	**1:32**	3.8	**2:07**	3.2	**7:54**	0.7	**7:45**	0.7	7:10	6:59	
13	Tue	**2:19**	3.6	**2:58**	3.1	**8:59**	0.8	**8:51**	0.9	7:09	7:00	
14	Wed	**3:09**	3.6	**3:54**	3.1	**10:05**	0.8	**9:59**	0.9	7:07	7:02	
15	Thu	**4:06**	3.6	**4:55**	3.2	**11:03**	0.6	**10:59**	0.7	7:06	7:03	
16	Fri	**5:09**	3.7	**5:54**	3.4	**11:53**	0.4	**11:53**	0.5	7:04	7:04	
17	Sat	**6:07**	4.0	**6:45**	3.7			**12:40**	0.2	7:02	7:05	
18	Sun	**6:56**	4.2	**7:29**	4.0	**12:42**	0.2	**1:24**	-0.1	7:01	7:06	
19	Mon	**7:40**	4.5	**8:09**	4.3	**1:30**	-0.1	**2:07**	-0.3	6:59	7:07	
20	Tue	**8:21**	4.7	**8:49**	4.6	**2:18**	-0.3	**2:49**	-0.5	6:57	7:08	
21	Wed	**9:03**	4.8	**9:30**	4.8	**3:05**	-0.5	**3:31**	-0.6	6:56	7:09	
22	Thu	**9:46**	4.7	**10:13**	4.9	**3:51**	-0.7	**4:12**	-0.6	6:54	7:10	
23	Fri	**10:33**	4.6	**11:01**	4.9	**4:37**	-0.7	**4:53**	-0.6	6:52	7:11	
24	Sat	**11:24**	4.4	**11:54**	4.9	**5:24**	-0.6	**5:36**	-0.4	6:51	7:12	
25	Sun			**12:21**	4.1	**6:15**	-0.3	**6:24**	-0.1	6:49	7:13	
26	Mon	**12:52**	4.7	**1:23**	3.9	**7:14**	-0.1	**7:23**	0.2	6:48	7:14	
27	Tue	**1:52**	4.6	**2:25**	3.8	**8:23**	0.2	**8:36**	0.4	6:46	7:15	
28	Wed	**2:54**	4.4	**3:29**	3.7	**9:35**	0.2	**9:51**	0.4	6:44	7:16	
29	Thu	**3:58**	4.3	**4:36**	3.8	**10:41**	0.1	**10:58**	0.3	6:43	7:17	
30	Fri	**5:05**	4.3	**5:42**	4.0	**11:40**	0.0	**11:58**	0.1	6:41	7:18	
31	Sat	**6:08**	4.4	**6:40**	4.2			**12:31**	-0.2	6:39	7:19	