US HARBORS www.USHarbors.com

Highlands, NJ - Aug 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	9:31	4.2	9:30	4.9	3:35	0.2	3:29	0.5	5:54	8:10	
2	Thu	10:09	4.2	10:05	4.8	4:12	0.2	4:09	0.5	5:55	8:09	
3	Fri	10:48	4.2	10:44	4.7	4:48	0.2	4:49	0.5	5:56	8:08	
4	Sat	11:29	4.3	11:27	4.6	5:22	0.2	5:29	0.6	5:57	8:07	
5	Sun			12:15	4.4	5:57	0.3	6:14	0.7	5:58	8:05	
6	Mon	12:16	4.5	1:05	4.5	6:36	0.3	7:08	0.8	5:58	8:04	
7	Tue	1:11	4.3	1:57	4.7	7:25	0.4	8:16	0.8	5:59	8:03	
8	Wed	2:09	4.2	2:52	4.8	8:26	0.5	9:29	0.8	6:00	8:02	
9	Thu	3:09	4.1	3:52	5.0	9:35	0.5	10:38	0.6	6:01	8:00	
10	Fri	4:16	4.0	4:57	5.1	10:42	0.4	11:40	0.3	6:02	7:59	
11	Sat	5:28	4.1	6:03	5.3	11:44	0.2			6:03	7:58	
12	Sun	6:34	4.4	7:02	5.5	12:37	0.1	12:43	0.1	6:04	7:57	
13	Mon	7:32	4.6	7:56	5.6	1:32	-0.2	1:40	-0.1	6:05	7:55	
14	Tue	8:25	4.8	8:47	5.6	2:25	-0.4	2:35	-0.1	6:06	7:54	
15	Wed	9:16	4.9	9:35	5.5	3:16	-0.5	3:28	-0.1	6:07	7:53	
16	Thu	10:06	4.9	10:24	5.3	4:02	-0.5	4:18	0.0	6:08	7:51	
17	Fri	10:56	4.9	11:13	5.0	4:46	-0.4	5:05	0.1	6:09	7:50	
18	Sat	11:45	4.8			5:28	-0.1	5:51	0.4	6:10	7:48	
19	Sun	12:02	4.7	12:34	4.6	6:08	0.2	6:39	0.7	6:11	7:47	
20	Mon	12:53	4.4	1:23	4.5	6:50	0.5	7:32	0.9	6:12	7:45	
21	Tue	1:42	4.1	2:09	4.4	7:37	0.8	8:32	1.1	6:13	7:44	
22	Wed	2:31	3.9	2:56	4.3	8:29	1.0	9:34	1.2	6:14	7:42	
23	Thu	3:22	3.7	3:45	4.3	9:26	1.1	10:32	1.1	6:15	7:41	
24	Fri	4:17	3.6	4:39	4.3	10:23	1.1	11:25	1.0	6:16	7:39	
25	Sat	5:16	3.7	5:35	4.4	11:16	1.0			6:17	7:38	
26	Sun	6:12	3.8	6:27	4.5	12:12	0.8	12:05	0.9	6:18	7:36	
27	Mon	7:01	4.0	7:11	4.7	12:57	0.6	12:51	0.7	6:19	7:35	
28	Tue	7:44	4.2	7:51	4.9	1:40	0.4	1:37	0.6	6:20	7:33	
29	Wed	8:23	4.4	8:29	5.0	2:22	0.3	2:22	0.5	6:21	7:32	
30	Thu	9:01	4.5	9:05	5.0	3:02	0.2	3:06	0.4	6:22	7:30	
31	Fri	9:38	4.7	9:42	5.0	3:41	0.1	3:49	0.3	6:23	7:29	