

































Highlands, NJ - Jul 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:10	4.9	1:52	4.6	7:30	-0.1	7:59	0.6	5:29	8:30	
2	Wed	2:06	4.7	2:46	4.8	8:28	0.0	9:09	0.6	5:30	8:29	
3	Thu	3:02	4.5	3:41	4.8	9:26	0.1	10:15	0.6	5:30	8:29	
4	Fri	3:59	4.3	4:37	4.9	10:22	0.1	11:16	0.5	5:31	8:29	
5	Sat	5:00	4.1	5:35	5.0	11:15	0.2			5:31	8:29	
6	Sun	6:02	4.1	6:30	5.0	12:11	0.3	12:06	0.2	5:32	8:29	
7	Mon	6:58	4.1	7:19	5.1	1:03	0.2	12:55	0.3	5:33	8:28	
8	Tue	7:49	4.1	8:04	5.1	1:53	0.2	1:43	0.4	5:33	8:28	
9	Wed	8:36	4.1	8:47	5.0	2:41	0.1	2:31	0.4	5:34	8:28	
10	Thu	9:21	4.1	9:29	4.9	3:26	0.1	3:17	0.5	5:35	8:27	
11	Fri	10:06	4.1	10:10	4.8	4:08	0.2	4:01	0.6	5:35	8:27	
12	Sat	10:51	4.0	10:52	4.6	4:47	0.2	4:41	0.7	5:36	8:26	
13	Sun	11:37	4.0	11:34	4.4	5:23	0.3	5:21	0.8	5:37	8:26	
14	Mon			12:23	4.0	5:59	0.5	6:00	1.0	5:38	8:25	
15	Tue	12:16	4.2	1:07	4.0	6:34	0.6	6:44	1.2	5:38	8:25	
16	Wed	1:00	4.0	1:50	4.0	7:13	0.7	7:37	1.3	5:39	8:24	
17	Thu	1:43	3.8	2:31	4.1	7:56	0.8	8:38	1.3	5:40	8:23	
18	Fri	2:27	3.7	3:13	4.2	8:47	0.9	9:42	1.2	5:41	8:23	
19	Sat	3:16	3.6	4:00	4.3	9:41	0.9	10:42	1.0	5:42	8:22	
20	Sun	4:13	3.6	4:53	4.5	10:36	0.8	11:38	0.8	5:42	8:21	
21	Mon	5:18	3.6	5:51	4.8	11:30	0.7			5:43	8:21	
22	Tue	6:20	3.8	6:45	5.1	12:30	0.5	12:23	0.5	5:44	8:20	
23	Wed	7:16	4.0	7:36	5.4	1:22	0.2	1:16	0.3	5:45	8:19	
24	Thu	8:06	4.2	8:25	5.6	2:14	0.0	2:11	0.2	5:46	8:18	
25	Fri	8:57	4.5	9:15	5.6	3:05	-0.3	3:06	0.0	5:47	8:17	
26	Sat	9:48	4.6	10:06	5.6	3:54	-0.4	3:59	-0.1	5:48	8:16	
27	Sun	10:41	4.8	10:59	5.4	4:40	-0.5	4:51	-0.1	5:49	8:15	
28	Mon	11:37	4.9	11:55	5.2	5:26	-0.5	5:43	0.0	5:50	8:14	
29	Tue			12:33	4.9	6:13	-0.4	6:39	0.2	5:50	8:14	
30	Wed	12:51	4.9	1:29	4.9	7:03	-0.2	7:41	0.5	5:51	8:13	
31	Thu	1:47	4.6	2:23	4.9	7:58	0.1	8:49	0.6	5:52	8:11	