

Highlands, NJ - Mar 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:58	3.9	2:46	3.1	9:11	0.6	8:58	0.5	6:28	5:47	
2	Mon	3:09	4.0	4:00	3.3	10:17	0.3	10:10	0.2	6:26	5:48	
3	Tue	4:24	4.3	5:08	3.6	11:13	-0.1	11:13	-0.2	6:25	5:49	
4	Wed	5:30	4.6	6:06	4.1			12:05	-0.4	6:23	5:50	
5	Thu	6:25	4.9	6:57	4.5	12:10	-0.5	12:56	-0.8	6:22	5:52	
6	Fri	7:16	5.1	7:46	4.9	1:06	-0.8	1:44	-1.0	6:20	5:53	
7	Sat	8:04	5.1	8:34	5.1	2:00	-1.0	2:31	-1.1	6:19	5:54	
8	Sun	9:53	5.0	10:23	5.1	3:51	-1.0	4:16	-1.1	7:17	6:55	
9	Mon	10:42	4.7	11:13	5.0	4:40	-0.9	4:59	-0.9	7:15	6:56	
10	Tue	11:34	4.4			5:29	-0.7	5:43	-0.6	7:14	6:57	
11	Wed	12:05	4.8	12:29	4.0	6:19	-0.3	6:29	-0.2	7:12	6:58	
12	Thu	12:59	4.5	1:26	3.7	7:14	0.0	7:22	0.3	7:11	6:59	
13	Fri	1:54	4.2	2:23	3.4	8:19	0.4	8:27	0.6	7:09	7:00	
14	Sat	2:49	4.0	3:21	3.2	9:28	0.6	9:37	0.8	7:07	7:01	
15	Sun	3:47	3.8	4:23	3.2	10:33	0.6	10:42	0.8	7:06	7:02	
16	Mon	4:50	3.7	5:28	3.2	11:29	0.5	11:38	0.7	7:04	7:03	
17	Tue	5:52	3.8	6:24	3.5			12:16	0.4	7:03	7:05	
18	Wed	6:43	3.9	7:10	3.7	12:27	0.5	12:58	0.2	7:01	7:06	
19	Thu	7:26	4.1	7:49	4.0	1:11	0.3	1:37	0.1	6:59	7:07	
20	Fri	8:05	4.2	8:25	4.2	1:54	0.2	2:15	-0.1	6:58	7:08	
21	Sat	8:40	4.2	8:58	4.3	2:36	0.1	2:51	-0.1	6:56	7:09	
22	Sun	9:15	4.2	9:29	4.3	3:15	0.0	3:26	-0.1	6:54	7:10	
23	Mon	9:48	4.0	9:58	4.4	3:53	0.0	3:58	0.0	6:53	7:11	
24	Tue	10:21	3.9	10:27	4.3	4:29	0.0	4:28	0.1	6:51	7:12	
25	Wed	10:56	3.7	10:59	4.3	5:03	0.1	4:57	0.2	6:49	7:13	
26	Thu	11:35	3.5	11:38	4.2	5:38	0.3	5:28	0.3	6:48	7:14	
27	Fri			12:24	3.4	6:18	0.4	6:04	0.5	6:46	7:15	
28	Sat	12:30	4.2	1:22	3.3	7:12	0.6	6:55	0.6	6:45	7:16	
29	Sun	1:31	4.2	2:25	3.3	8:27	0.7	8:12	0.7	6:43	7:17	
30	Mon	2:37	4.2	3:30	3.4	9:45	0.6	9:41	0.6	6:41	7:18	
31	Tue	3:47	4.2	4:40	3.7	10:50	0.3	10:55	0.3	6:40	7:19	